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**Office Hours: Tuesday and Wednesday 11am-3pm
Thursday and Friday 10am-2pm**

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***We are each of us angels with only one wing...
And we can fly embracing each other...***

Luciano DeCrenzenzo

September 20, 2026 Sunday after the Exaltation of the Cross; Octoechos Tone 8; ☩ The Holy Martyrs and Confessors for the Faith, the Grand Prince Michael and His Nobleman Theodore, Wonderworkers of Chernihiv; ☩ The Holy Great-Martyr Eustathius and those with him.

Intentions this Sunday

Saturday at 4:15pm: Parishioners; Sunday at 10am: Parishioners

See insert for the changeable parts of the Liturgy.

Liturgical Schedule

Monday, Sept 21 Ephesians 4:25-32
The Holy Apostle Luke 3:19-22
Codratus of Magnesia.

Tuesday, Sept 22 Ephesians 5:20-26
The Holy Hieromartyr Luke 3:23-4:1
Phocas, Bishop of Sinope

Wednesday, Sept 23 Galatians 4:22-31
☩ The Conception of Luke 1:5-25
the Honourable and
Glorious Prophet,
Forerunner, and Baptist
John.

Thursday, Sept 24 Ephesians 5:33-6:9
☩ The Holy First-Martyr Luke 4:16-22
and Equal-to-the-
Apostles Thekla.

Friday, Sept 25 Ephesians 6:18-24
Our Venerable Mother Luke 4:22-30
Euphrosyne.

*Abstinence from meat
and foods that contain
these ingredients.*

Saturday, Sept 26	1 John 4:12-19	4:15pm	Divine Liturgy (Sunday Vigil)	Intention: Parishioners
☩ The Falling Asleep of the Holy Apostle and Evangelist John the Theologian.	John 19:25-27; 21:24-25	5:30pm	Great Vespers	

Sunday, Sept 27	2 Corinthians 9:6-11	10am	Divine Liturgy (Bilingual- English Primary)	Intention: Parishioners
Eighteenth Sunday after Pentecost	Luke 5:1-11			

Other Events This Week

Monday, Sept 21 at 11am: Senior Exercise Class

Wednesday, Sept 23 at 11am: Senior Exercise Class

Thursday, Sept 24 at 7am to approx. noon: Perogy and cabbage roll making. Lunch provided.

Saturday, Sept 26 at 7pm: Narcotics Anonymous

Sunday, Sept 27: Faith formation after Liturgy—Introduction to the Sacraments

ANNOUNCEMENTS

1. We welcome our guests joining us today! The Liturgy on Saturday is in English. The Liturgy on Sunday is bilingual and primarily in Ukrainian—next week primarily in English. Stay afterwards for the brunch! Adults \$15; Children (6-12) \$6; Children (under 5) free.
2. Thank you! To everyone who made last week's Praznyk celebration the joy that it was.
3. Faith formation starts up again next week. Over the next several months, we'll discuss and learn about the sacraments of the Church—a refresher for some, an introduction for others, something to learn for all! Next week we'll begin this series with an Introduction to the Sacraments.
4. Visiting our parish this week: Fr. Alexander Laschuk, Judicial Vicar of our Eparchy. He will be here performing a Canonical Visitation concerning canonical matters within the parish (i.e. ensuring parish registers are in order, marriage investigations are being conducted properly, etc...).

PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR: Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Straticchuk, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Denise Jacques, Phil Marinelli, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barsanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn & Art Spadoni, Paul Taillefer, Erin, Dave Kowalyk, McGill Perry, Tammy Zalewski, Fernando Mannarino, Dave Redfern, Ora, Irene O, Paul M, June, Bob, Tracey Burmaster, Mel Stanghetta, Norna Martynuck, Sylvie B, Bill McConnell, Anastasiia Pavliuk, Wanda Featherston, Roger McMillan, Clark Hutton, Gerry, Moira O'Pallie, Chris Applejohn, Barb and Gerry, Olena Hankivsky, David Bell, Gary Driver, Rod Stone, Diane Czop, Leah Anderson, Darlene, Lanette Nadeau, Marilyn Conway

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen

DONATIONS – September 13, 2026
Collection: \$1,200 Building Fund: \$190
In Memory of Marija Simko: \$100
Church New Year's Collection: \$60

THANK YOU!!

ON-CALL PRIEST: A priest is available in the city for emergencies 24/7 at 705-256-6675

LOOKING AHEAD:

Sunday, October 25: PASTORAL VISIT OF BISHOP BRYAN

Bishop Bryan will be visiting our parish to serve the Divine Liturgy and to meet parishioners. Please plan to attend this Liturgy at 10am and the fellowship to follow. There will be no Liturgy at 4:15pm on Saturday, October 24.

OUR BASIC HUNGER

All creatures hunger for that which they were made. A lion hungers for meat; a bird for worms; a giraffe for leaves. Man hungers for material food, but he also has a hunger for something greater. That is why Jesus said, "Man shall not live by bread alone." Greater than hunger for food in man is the hunger for God which manifests itself basically in the hunger for security, for love, peace, joy, meaning and life. All these hungers find their complete and permanent satisfaction in Christ. He is the bread which satisfies the hunger of man's soul. From the very beginning all our hunger was hunger for Him.

The things of this world fail to satisfy man completely and permanently. They satisfy us only for a moment. There was a little girl who wanted a doll for Christmas. She promised that she would be the happiest little girl in the world and would never again ask for anything else if only she got that doll. She got the doll. She played with it. She was happy. But a few days after Christmas she grew tired of it and was dissatisfied all over again.

All our emptiness, all our boredom, all our disappointment with the things of this life are merely signs placed on the road of life by God saying, "Perfect happiness is not found in this gadget or in this experience. You were made for something bigger and better. You were made for Me."

From: Daily Vitamins for Spiritual Growth – Day by day with Jesus – Vol. 2

I can't afford an Ancestry DNA Kit to learn about my relatives. So instead, I posted online that I had just won the lottery.

The fastest land mammal is a toddler who's been asked what's in their mouth.

Getting older gives "twist and shout" a whole new meaning.

HAVE A WONDERFUL WEEK!!!