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***We are each of us angels with only one wing...
And we can fly embracing each other...***

Luciano DeCrenzenzo

February 8, 2026 Sunday of the Fearful Judgment—Meatfare; Octoechos Tone 2; ☩ The Holy Great-Martyr Theodore the General; The Holy Prophet Zechariah.

Intentions this Sunday

Saturday at 4:15pm: Parishioners; Sunday at 9:30am: Parishioners; Sunday at 11am: +Vincenzo Volpe.

First Antiphon

Shout to the Lord, all the earth,* sing now to His name, give glory to His praise.* *Through the prayers of the Mother of God,* O Saviour, save us.*

Say unto God, "How awesome are Your works!* Because of the greatness of Your strength Your enemies will flatter You".* *Through the prayers of the Mother of God,* O Saviour, save us.*

Let all the earth worship You and sing to You,* let it sing to Your name, O Most High!* *Through the prayers of the Mother of God,* O Saviour, save us.*

Glory. Now. Only-begotten Son.

Third Antiphon

Come, let us sing joyfully to the Lord,* let us acclaim God, our Saviour. *Son of God, risen from the dead,* save us who sing to You: Alleluia.*

Let us come before His face with praise,* and acclaim Him in psalms.* *Son of God, risen from the dead,* save us who sing to You: Alleluia.*

For God is the great Lord,* and the great king over all the earth.* *Son of God, risen from the dead,* save us who sing to You: Alleluia.*

Entrance

Come, let us worship* and fall down before Christ.* *Son of God, risen from the dead,* save us who sing to You: Alleluia.*

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* "O Giver of Life,

Перший антифон

Воскликніть Господеві, вся зємле,* співайте ж імені Його, віддайте славу в хвалі Йому! *Молитвами Богородиці,* Спасе, спаси нас.*

Скажіть Бóгові: як страшні діла Твої!* У мно́жестві сили Твоїї леститимуть Тобі ворогі Твої. *Молитвами Богородиці,* Спасе, спаси нас.*

Вся зємля нехай поклóниться Тобі і співає Тобі,* нехай же співає імені Твоєму, Всевішній!* *Молитвами Богородиці,* Спасе, спаси нас.*

Слава. І нині. Єдинорóдний Сїну.

Третій антифон

Прийдіте, возра́дуємся Господеві, воскликнім Богу, Спасителеві на́шому. *Спасі нас, Сїну Бóжий,* що воскрес із мёртвих, співаємо Тобі: Аلیلуя.*

Ідім перéд лицём Його з ісповіданням, і псалма́ми воскликнім Йому. *Спасі нас, Сїну Бóжий,* що воскрес із мёртвих, співаємо Тобі: Аلیلуя.*

Бо Бог – великий Господь і цар великий по всій землі. *Спасі нас, Сїну Бóжий,* що воскрес із мёртвих, співаємо Тобі: Аلیلуя.*

Вхідне

Прийдіте поклоні́мся* і припаді́м до Христá.* *Спасі нас, Сїну Бóжий,* що воскрес із мёртвих, співаємо Тобі: Аلیلуя.*

Тропарі й кондаки

Тропар воскресний (г. 2): Коли зійшов Ти до смёрти, Життя́ безсмёртне,* тоді ад умертвив Ти зблизком божества.* Коли ж і умерлих із глибін підзёмних воскресів Ти,* всі сили небéсні взивáли:* Життеда́вче, Христе Бóже наш,

Christ our God, glory be to You!"

Troparion, Tone 1: Rejoice, full of grace, Virgin Mother of God!* From you there dawned the Sun of Righteousness, Christ our God,* who enlightens those who dwell in darkness.* And you, O righteous Elder, be glad!* You received in your embrace* the Liberator of our souls,* who grants us resurrection.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 1: By Your birth, You sanctified a virgin womb* and fittingly blessed the hands of Simeon.* You have come also now and saved us, O Christ our God;* give peace to Your community in time of war,* and strengthen its rulers, whom You love,* for You alone,* are the Lover of mankind.

Now and forever and ever. Amen.

Kontakion, Tone 1: When You come on earth, O God, in glory,* and the universe trembles,* while the river of fire flows before the seat of judgement,* and the books are opened and all secrets disclosed,* then deliver me from the unquenchable fire,* and count me worthy to stand at Your right hand,* O Judge who are most just.

Prokeimenon

Tone 3: Great is our Lord and great is His strength;* and of His knowledge there is no end.

Repeat: Great is our Lord and great is His strength;* and of His knowledge there is no end.

verse: Praise the Lord, for a psalm is good; may praise be sweet to Him.

Repeat: Great is our Lord and great is His strength;* and of His knowledge there is no end.

Epistle 1 Corinthians 8:8-9:2

Alleluia, Tone 8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His face with praise, and acclaim Him in psalms.

Gospel Matthew 25:31-46

Hymn to the Mother of God, in the place of It is truly right

O God-bearing Virgin, hope of Christians, protect and guard and save all those who put their trust in you.

In the law, the shadow, and the scriptures, we the faithful see a figure: every male child that opens the womb shall be sanctified to God. Therefore do we magnify the first-born Word and Son of the Father who is without beginning, the first-born Child of a Mother who had not known man.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Rejoice in the Lord, O you just;* praise befits the righteous.* Alleluia, alleluia,* alleluia.

слава Тобі.

Тропар (г. 1): Радуйся, благодатна Богородице Діво,* бо з Тебе засяяло Сонце правди – Христос Бог наш,* що просвічує тих, що в темряві.* Веселися й Ти, старче праведний,* Ти прийняв в обійми визволителя душ наших, що дарує нам воскресіння.

Слава Отцю, і Сіну, і Святому Духові.

Кондак (г. 1): Утробу дівичу освятів Ти Різв'ом Твоїм* і руки Симеонові благословив Ти, як годилось,* Ти випередив і нині спас нас, Христе Боже,* але утихомір у брані люд Твій і укріпи народ, що його возлюбив Ти,* єдиний Людинолюбче.

І нині, і повсякчас, і на віки віків. Амінь.

Кондак тріоди (г. 1): Коли прийдеш, Боже, на землю зо славою і затрепече все,* а рика вогненна потече перед судищем,* і книги розгортаються,* і таємне з'являється,* – тоді ізбав мене від вогню негасимого* і сподоби мене праворуч Тебе стати,* Судде найправедніший.

Прокімен

(г. 3): Великий Господь наш, і велика сила Його, і розумові Його немає міри.

Всі: Великий Господь наш, і велика сила Його, і розумові Його немає міри

Стих: Хваліте Господа, бо благий псалом, Божові нашому нехай солодке буде хваління.

Всі: Великий Господь наш, і велика сила Його, і розумові Його немає міри.

Апостол 1 Кор. 8, 8 – 9, 2.

Алилуя (г. 8)

Стих: Прийдіте, возрадуємося Господеві, воскликнім Богу, Спасителеві нашому.

Стих: Ідім перед лицем Його з ісповіданням, і псалмами воскликнім Йому.

Євангеліє Мт. 25, 31-46.

Замість Достойно

Богородице Діво, уповання християн, покрій, захороні і спасі тих, що на тебе уповають.

В законі тіні і писання образ бачимо, вірні: кожний младенець мужеського полу, що отвірє утробу – святий Богу. Тому первороджене Слово безначального Отця – Сіна, що первородиться з матері, яка мужа не знає, – величаємо.

Причасний

Хваліте Господа з небес,* хваліте Його во вишніх.* Радуйтеся, праведні, у Господі, правим належить похвала.* Алилуя, алилуя,* алилуя.

Liturgical Schedule

Monday, Feb 9 The Holy Martyr Nicephorus.	3 John 1:1-15 Luke 19:29-40; 22:7-39			
Tuesday, Feb 10 The Holy Martyr Charalampus.	Jude 1-10 Luke 22:39-42; 22:45-23:1			
Wednesday Feb 11 The Holy Hieromartyr Blaise, Bishop of Sebastia.	Joel 2:12-26 Joel 3:12-21			
Thursday, Feb 12 The Holy Martyr Our Holy Father Meletius, Archbishop of Antioch.	Jude 11-25 Luke 23:1-34, 44-56			
Friday, Feb 13 Our Venerable Father Martinian	Zechariah 8:7-14 Zechariah 8:19-23			<i>Abstinence from meat and foods that contain meat.</i>
Saturday, Feb 14 Saturday before Cheesefare	Hebrews 7:26-8:2 John 10:9-16	4:15pm	Divine Liturgy (English)	Intention: Parishioners
		5:30pm	Great Vespers	
Sunday, Feb 15 Sunday of Cheesefare	Romans 13:11-14:4 Matthew 6:14-21	9:30am	Divine Liturgy (Ukrainian)	Intention: Parishioners
		11am	Divine Liturgy (English)	Intention: Parishioners
		4:30pm	Forgiveness Vespers (Beginning of Great Lent)	

Other Events This Week

Monday, February 9 at 11am: Senior Exercise Class

Wednesday, February 11 at 11am: Senior Exercise Class

Thursday, February 12 at 7am: Perogy and Cabbage roll making. Lunch provided.

Saturday, February 14 at 7pm: Narcotics Anonymous

Sunday, February 15 from 10am-12:30pm: Men's Club All-You-Can-Eat Brunch.

ANNOUNCEMENTS

1. We welcome our guests and visitors. Thank you for worshiping with us! Please stay after Liturgy for coffee and fellowship!
2. Thank you to those who put away the Christmas decorations last Sunday!
3. BLESSING OF CANDLES: At the Divine Liturgies this weekend.
4. All-you-can-eat brunch next Sunday from 10-12:30pm. Adults \$15; Children (6-12) \$6; Children (under 5) free.
5. NOTICE OF ANNUAL GENERAL MEETING: March 22, 2026. There will be one Liturgy that morning at 10am followed by a light lunch and then the meeting at 12pm.
6. Next Sunday evening we begin the season of Great Lent with Forgiveness Vespers. During this service, there is a dramatic changeover from bright to dark vestments indicating the change in season and the Lenten melodies are sung for the first time. At the end of the service, we exchange mutual forgiveness.
7. Especially during Lent, please remember the many people in our community struggling to put food on their tables, struggling to buy basic self-care and cleaning items. **Let's work to fill our Salvation Army Donation boxes to over-flowing** and show our community that we care for them!!!

Outreach to Homebound Parishioners: Know of someone who might like a priest's visit? Contact the office or Fr. Michael to arrange.

PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR: Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Stratichuk, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Denise Jacques, Phil Marinelli, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barsanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn & Art Spadoni, Paul Taillefer, Erin, Dave Kowalyk, Mary Romanchuk, McGill Perry, Tammy Zalewski, Fernando Mannarino, Dave Redfern, Ora, Irene O, Paul M, June, Bob, Dustin Wenmany, Tracey Burmaster, Mel Stanghetta, Norna Martynuck, Sylvie B, Bill McConnell, Anastasiia Pavliuk, Wanda Featherston, Roger McMillan, Clark Hutton, Gerry, Moira O'Pallie, Chris Applejohn, Barb and Gerry, Olena Hankivsky, David Bell.

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen

DONATIONS – February 1, 2026

Collection: \$545; Building Fund: \$365

Initial Envelopes: \$40

In Memory of Isadore & Nell Pacholok; In Memory of Pauline Cembal \$30

THANK YOU!!

“On Call Priest”

A priest is available in the city for emergencies 24/7 at 705-256-6675.

Little Things

The Little Mandate says, “Do little things exceedingly well for love of Me.” Like a whisper that ruffles the trees at night, the Lord comes to us in the breeze and repeats this. Can you hear the voice of the leaves that gently, even as God is gentle to you, say: “I don’t ask for big things. I ask for little things done well for the loved one.”

Here, I repeat, the incarnation comes to greet you, for isn’t that what he did—little things, exceedingly well, for love of us? Can you visualize a table or chair that was not perfect when it left his hands in Nazareth? He did everything well for the love of his Father, and for the love of us. At first his childish hammering, imitating Joseph, then later the measured hammering of a competent carpenter. Still later, the sound of leather on his back—flagellation; then the sound off hammering nails on soft flesh. These were his love letters to us. He gave us the example: “Do little things exceedingly well for love of me.”

And so he reduced love to our size. We are little people. Our housework begins to be a way of loving him. Or our computer work, or driving taxi, or changing diapers, or farming, or anything we may do! These are all little, seemingly unimportant things, but oh, how vastly important because this is part of living the Gospel without compromise.

~ Sobornost

From: Through the Year with Catherine Doherty – Grace in Every Season – Entry for February 8th Liturgical

Hymns for the Sunday of the Last Judgement.

These hymns are sung as a part of Saturday evening Vespers this week. They are a spiritual wake up for all of us provided by the Church as a loving mother of us all. Food for spiritual thought...

1. Righteous judge of all mankind!
You will come to judge the living and the dead,
Enthroned in glory and escorted by your angels.
Every man will stand in fear before you,
Trembling at the river of fire flowing past your throne,
As each one waits to hear the sentence he deserves.
On that awesome day have mercy on us as well, O Christ;
Count us worthy of salvation,
For, worthless as we are, we turn to you in faith,
Compassionate and merciful Lord!

3. The trumpet shall sound and the graves be opened:
All mankind will arise in trembling;
The righteous will rejoice, as they receive their reward,
But the wicked will depart to eternal fire with wailing and horror.
Lord of glory, have mercy on us!
Number us with those who love you, master,
For you alone are good!

5. When the thrones are set in place and the books are opened,
Then God will take his place on the judgment-seat.
What a fearful sight,
As the angels stand in awe and the river of fire flows by:
What shall we do, who are already condemned by our many sins,
As we hear Christ call the righteous to his Father's kingdom,
And send the wicked to eternal damnation?
Who among us can bear that terrible verdict?
Hasten to us, lover of mankind and king of the universe
Grant us the grace of repentance before the end and have mercy on us!

2. The books will be opened and the works of all men laid bare:
The vale of tears will echo with gnashing of teeth;
The sinners will mourn in vain, as they depart to eternal damnation.
Your judgments are just, O Lord almighty!
We beg you, master, full of goodness and compassion:
Take pity on us who sing to you, most merciful one!

4. I shudder in terror when I think of that dreadful day;
I weep as I consider the darkness that will never see light:
There the worm shall not cease, or the fire be quenched;
The pain of those who reject you will never end.
Save me, your most worthless servant, righteous judge,
For your mercy and compassion are my only hope!

6. Woe to you, my darkened soul!
Your life is stained by depravity and laziness;
Your folly makes you shun all thought of death.
How complacent you remain!
How can you flee the awesome thought of judgement day?
When will you change your way of life?
On that day all your sins will rise against you:
What will your answer be then?
Your acts will condemn you; your deeds will expose you.
The time is at hand, O my soul.
Turn to the good and loving Savior!
Beg him to forgive your malice and weakness and cry in faith:
I have sinned, Lord; I have sinned against you!
But I know you as the lover of mankind.
Good shepherd, call me to enjoy your lasting presence on your right hand!

When I look in the mirror and see gray hair, tiny wrinkles and dimming eyes, I think, "They sure don't make mirrors like they used to!!"

Sunday school teacher asked her class, "What was Jesus mother's name?" One child answered, "Mary." The teacher then asked, "Who knows what Jesus father's name was?" A little child said, "Verge." Confused, the teacher asked, "Where did you get that?" "Well, you know they are always talking about Verge 'n' Mary."

I usually don't talk about expensive trips I take, but I just got home from the grocery store.