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***We are each of us angels with only one wing...
And we can fly embracing each other...***

Luciano DeCrenzcenzo

December 14, 2025 – Sunday of the Holy Forefathers; Octoechos Tone 2; The Holy Martyrs Thyrsus, Leucius, Philemon, Apollonius, and Callinicus..

Intentions this Sunday

Saturday at 4:15pm: Parishioners; Sunday at 9:30am: Parishioners; Sunday at 11am: Parishioners.

First Antiphon

Shout to the Lord, all the earth,* sing now to His name, give glory to His praise.* *Through the prayers of the Mother of God,* O Saviour, save us.*

Say unto God, "How awesome are Your works!" Because of the greatness of Your strength Your enemies will flatter You".* *Through the prayers of the Mother of God,* O Saviour, save us.*

Let all the earth worship You and sing to You,* let it sing to Your name, O Most High!* *Through the prayers of the Mother of God,* O Saviour, save us.*

Glory. Now. Only-begotten Son.

Third Antiphon

Come, let us sing joyfully to the Lord,* let us acclaim God, our Saviour. *Son of God, risen from the dead,* save us who sing to You: Alleluia.*

Let us come before His face with praise,* and acclaim Him in psalms.* *Son of God, risen from the dead,* save us who sing to You: Alleluia.*

For God is the great Lord,* and the great king over all the earth.* *Son of God, risen from the dead,* save us who sing to You: Alleluia.*

Entrance

Come, let us worship* and fall down before Christ.* *Son of God, risen from the dead,* save us who sing to You: Alleluia.*

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* "O Giver of Life, Christ our God, glory be to You!"

Troparion, Tone 2: By faith You justified Your ancestors* and

Перший антифон

Воскликніте Господеві, вся зємле,* співайте ж імені Його, віддайте славу в хвалі Йому! *Молитвами Богородиці,* Спасе, спаси нас.*

Скажіте Бóгові: як страшні діла Твої!* У мно́жестві сили Твоїї лєстїтимуть Тобі ворогї Твої. *Молитвами Богородиці,* Спасе, спаси нас.*

Вся землѧ нехай поклонїться Тобі і співає Тобі,* нехай же співає імені Твоєму, Всевїшний!* *Молитвами Богородиці,* Спасе, спаси нас.*

Слава. І нині. Єдинорódний Сїну.

Третій антифон

Прийдіте, возра́дуємся Господеві, воскликнім Богу, Спасітелеві на́шому. *Спасі нас, Сїну Бóжий,* що воскрес із мєртвих, співаємо Тобі: Аلیلїа.*

Ідім перєд лицєм Його з ісповіданням, і псалма́ми воскликнім Йому́. *Спасі нас, Сїну Бóжий,* що воскрес із мєртвих, співаємо Тобі: Аلیلїа.*

Бо Бог – великий Господь і цар великий по всїй землі. *Спасі нас, Сїну Бóжий,* що воскрес із мєртвих, співаємо Тобі: Аلیلїа.*

Вхідне

Прийдіте поклонїмся* і припадїм до Христá.* *Спасі нас, Сїну Бóжий,* що воскрес із мєртвих, співаємо Тобі: Аلیلїа.*

Тропарі й кондаки

Тропар воскресний (г. 2): Коли зійшов Ти до смєрти, Життѧ безсмєртне,* тоді ад умертвїв Ти зблїском божествá.* Коли ж і умєрлих із глибін підзємних воскресїв Ти,* всі сили небєсні взивали:* Життеда́вче, Хрісте Бóже наш, сла́ва Тобі.

Тропар Праотцїв (г. 2): Вірою праотцїв оправда́в Ти,* з

through them in advance You betrothed the Church taken from the nations.* The saints exult in glory;* from their seed comes the blessed fruit, the one who bore You without seed.* By their prayers, O Christ our God, have mercy on us.

Glory be to the Father and to the Son and to the Holy Spirit.
Now and forever and ever. Amen.

Kontakion, Tone 6: Armed by the Being that defies description,* you defied the man-made idol, O thrice blessed youth.* In the midst of the unbearable flames you stood and cried out to God:* "In Your mercy, O gracious One, hasten and come to our aid,"* for You can do whatever You will.

Prokeimenon

Tone 4: Blessed are You, Lord God of our fathers,* and praised and glorified is Your Name forever.

Repeat: Blessed are You, Lord God of our fathers,* and praised and glorified is Your Name forever.

verse: For You are righteous in everything that You have done to us.

Repeat: Blessed are You, Lord God of our fathers,* and praised and glorified is Your Name forever..

Epistle Colossians 3:4-11

Alleluia, Tone 4

verse: Moses and Aaron are among His priests and Samuel among those who call upon His name.

verse: They called on the Lord and He heard them.

Gospel Luke 14:16-24

Communion Hymn

Praise the Lord from the heavens,* praise Him in the highest.*
Rejoice in the Lord, O you just;* praise befits the righteous.*
Alleluia, alleluia,* alleluia.

народів через них Ти Церкву наперед заручив.* Хваляться у славі святі, бо з сімени їх є плід благословенний* – та, що без сімени родила Тебе.* Їх молитвами, Христе Божє, помилуй нас.

Слава Отцю, і Сїну, і Святому Духові. І нині, і повсякчас, і на віки віків. Амінь.

Кондак Праотців (г. 6): Рукописаному образу не поклонившись,* але неописаним еством захистившись, триблженні,* в подвизі вогню ви прославилися* і, посеред нестерпного полум'я стоячі, Бога ви призивали:* Поспішійсь, о, Щедрий, і скоро прийди, як милостивий, нам на поміч,* бо Ти можеш, якщо воля Твоя.

Прокімен

(г. 4): Благословен еси, Господи, Боже отців наших, і хвальне, і прославлене ім'я Твоє на віки.

Всі: Благословен еси, Господи, Боже отців наших, і хвальне, і прославлене ім'я Твоє на віки.

Стих: Бо праведний еси в усьому, що створив Ти нам.

Всі: Благословен еси, Господи, Боже отців наших, і хвальне, і прославлене ім'я Твоє на віки.

Апостол Кол. 3, 4-11

Алилуя (г. 4)

Стих: Мойсей і Арон між ієреями Його і Самуїл між тими, що призивають Ім'я Його

Стих: Призивали Господа, і Він вислухав їх.

Євангеліє Лк. 14, 16-24.

Причасний

Хваліте Господа з небес,* хваліте Його во вишніх.*
Радуйтеся, праведні, у Господі,* правим належить похвала.*Алилуя, алилуя,* алилуя.

Liturgical Schedule

Monday, Dec 15 Our Holy Father Stephen the Confessor, Archbishop of Surozh	2 Timothy 2:20-26 Luke 19:37-44			
Tuesday, Dec 16 The Holy Prophet Haggai.	2 Timothy 3:16-4:4 Luke 19:45-48			
Wednesday Dec 17 The Holy Prophet Daniel. The Three Holy Youths Ananiah, Azariah, and Mishael.	2 Timothy 4:9-22 Luke 20:1-8	10am	Rosary and Divine Liturgy	<i>Abstinence from meat and foods that contain meat.</i>
Thursday, Dec 18 The Holy Martyr Sebastian and those with him.	Titus 1:5-2:1-34 Luke 20:9-18			

Friday, Dec 19 The Holy Martyr Boniface.	Titus 1:15-2:10 Luke 20:19-26			<i>Abstinence from meat and foods that contain meat</i>
Saturday, Dec 20 Saturday before the Nativity of Christ.	Galatians 3:8-12 Luke 13:18-29	4:15pm 5:30pm	Divine Liturgy (English) Great Vespers	Intention: +Bishop Stephen Chmilar (One year)
Sunday, Dec 21 Sunday before the Nativity of Christ	Hebrews 11:9-10,17-23,32- 40 Matthew 1:1-25	9:30am 11am	Divine Liturgy (Ukrainian) Divine Liturgy (English)	Intention: Parishioners Intention: Parishioners

Other Events This Week

Monday, Dec 15 – Senior Exercise Class from 11-11:30am

Tuesday, Dec 16 – All Day Confessions at Precious Blood Cathedral (9:30am-6pm)

Saturday, Dec 20 – Christmas Bread Preparation (Bring ingredients to Church by the 19th)

Sunday, Dec 21 – Decorate Church for Christmas after 11am Liturgy

ANNOUNCEMENTS

1. We welcome our guests and visitors. Thank you for worshipping with us!
2. BRUNCH TODAY. 10am-12:30pm. Adults: \$15. Children (6-12): \$6. Children (5 and under): free.
3. THANK YOU! To all who contributed to last week's St. Nicholas concert and potluck.
4. NATIVITY FAST CONTINUES. The Church gives us this 40-day season to prepare our hearts for the coming of Christ in the flesh. As a minimum, the Church requires the faithful (ages 14-59) to abstain from meat and all foods containing meat on Wednesdays in addition to Fridays during this time.
5. ALL DAY CONFESSIONS: Tuesday, December 16 from 9:30am-6pm at Precious Blood Cathedral. Prepare your heart well for the coming of Christ. Confess and be absolved of your sins!
6. CHRISTMAS BREAD PREPARATION: A team of volunteers will be making Christmas bread on Saturday, December 20 which will be available for sale beginning at that afternoon's Liturgy. Please consider contributing to the ingredients. A sign-up sheet is posted at the entrance.
7. KEEP CHRIST IN CHRISTMAS CAMPAIGN: Members of Knights of Columbus Council 932 will be at our parish this weekend handing out 'Keep Christ in Christmas' buttons.
8. JORDAN MEAL: Our annual parish Jordan meal will take place on Sunday, January 11th after the Divine Liturgy. If you plan to attend, please let the office know so we can prepare the appropriate amount of food.
9. THANK YOU! To our volunteers who come week after week who help with the food production that provides most of our parish's income. The Christmas break begins after this week. See you back in the new year!

Outreach to Homebound Parishioners: Know of someone who might like a priest's visit? Contact the office or Fr. Michael to arrange.

PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR: Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Strachuk, Elsie Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Denise Jacques, Phil Marinelli, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barsanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn & Art Spadoni, Paul Taillefer, Erin, Dave Kowalyk, Mary Romanchuk, McGill Perry, Tammy Zalewski, Fernando Mannarino, Dave Redfern, Ora, Irene O, Paul M, June, Bob, Dustin Wenmany and Tracey Burmaster, Mel Stanghetta, Norna Martynuck, Sylvie B, Bill McConnell, Anastasiia Pavliuk, Wanda Featherston, Roger McMillan, Clark Hutton, Gerry, Moira O'Pallie, Chris Applejohn, Barb and Gerry.

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your

people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen

DONATIONS – December 7, 2025

Collection: \$410; Building Fund: \$105

THANK YOU!!

“On Call Priest”

A priest is available in the city for emergencies 24/7 at 705-256-6675.

AS CHRISTMAS IS APPROACHING AND WE ARE PLANNING AND PREPARING TO SPEND TIME WITH FAMILY AND FRIENDS, PLEASE REMEMBER THOSE IN OUR COMMUNITY WHO NEED OUR HELP TO PUT FOOD ON THEIR TABLE FOR THEIR FAMILY. LET’S DONATE FOOD ITEMS TO THE SALVATION ARMY SO THEY TOO MAY HAVE A VERY BLESSED AND MERRY CHRISTMAS. Please be sure the items are not past their expiry date.

Important Notice:

As of January 1, with the blessing of Bishop Bryan, Fr. Michael’s status within the parish will change from full-time to part-time. This will significantly reduce his salary and the burden it places on the parish in these challenging times. It will also mean changes to his availability around the parish, especially during the week, as he will be working outside the parish to support himself and his family. A letter is now available explaining the reasons for the change and some of the consequences of it.

A Story about Confession, from someone on the internet:

I made my first confession at 9, my second confession at 10, and my third confession at 34. Basically I grew up in the 80's and 90's and learned confession wasn't a big deal, and it didn't matter much whether you went.

So I fell into a lot of horrible, horrible sins. For about the last 15 years of those 24, on and off I knew I needed to go to Confession; that was what my conscience and my soul needed. But I was afraid. I was afraid of what the priest would say and how he would react. I was afraid of the penance. I was afraid to say the things out loud. I was afraid that the Seal wasn't all it was supposed to be. My only experience had been with face to face confession and I didn't realize screens were still an option. I was afraid the priest wouldn't absolve me because some of the things I did were just so horrible.

So, a lot of things happened when I was 33-34 and I was finally driven back to the confessional to reconcile myself with God. It took months to get up the nerve. I went somewhere other than my parish so I wouldn't be recognized. I made a list. It was full of things I did "countless times". Some typical. Some horrendous. Some I didn't think of until subsequent Confessions. So I went in with this list. I was prepared for judgement, lectures, admonitions, heavy penances, and horrified reactions. And I knew priests heard everything. I've got to tell you, I was a great sinner. I mean GREAT. Like, great at it. I was proficient at horrendous sins, and had even felt great accomplishment in how good I was at some of them. So even though I knew that a priest had heard everything, I still wondered if he would have heard some of mine.

So in I go with my list. This priest clearly had a playbook for guys like me, looking back.

"Bless me, Father, for I have sinned. It has been 25 years since my last confession." I waited. I waited for some kind of reaction to how horrible of a Catholic I had been for 25 years. I got a barely verbal acknowledgement with an "okay, let's get on with it then" tone.

He seemed almost impatient as I listed each sin. He kept giving me an "mhm" with this "okay next sin, hurry it along" implication. It felt kind of weird and dismissive at first because part of me wanted to be chastised and berated and condemned. But he just kept pushing me from one to the next. This didn't give me time to fall apart or lose my nerve. In the moment I kind of thought it was "that sounds like paper... I better push this guy so the other people in line get their turn." And maybe there was some of that, but I look back now and I realize he was letting me know "no problem; we can deal with that. That one too. That one too. That one, too, no problem. Yep I can absolve that - and I'm going to. What else? I can handle whatever you've got there." Then when I was done, he was great. I had started to be worried that it was going to be a quick, "ok you're absolved, next penitent please." But when I finished my list, his main message was "you came here. You confessed it. You aren't here on this day by accident after 25 years. God brought you here. God's with you. God will give you the strength. You keep trying and He will be there." And my penance was an Our Father and five Hail Mary's or something along those lines.

That priest gave me exactly what I needed that day. God sent me to the right priest on the right day for what I needed to be able to come back properly to Him. None of the things I was afraid of happened. That confessor made it easy. The hard part is entering the Confessional, and beginning.

I know how scary it is. I was terrified. It took me years to decide to go, and then months after that to actually go. And that whole time I had nothing to be afraid of. Nothing at all. It's the best thing I ever did.

If you're scared, you don't need to be. If you're ashamed, you don't need to be. If you're paralyzed, ask Jesus to free you from that paralysis. You are not beyond redemption. If I wasn't, believe me that you're not. You will look back on the day of that confession as the day your life changed forever. The day your healing began. The day you started to understand God's love.

And it'll only take about 10 or 15 minutes. Your whole life can turn around in a quarter of an hour. You can do this. God is calling you. God wants to forgive you. You just need to go in that little room of healing, and ask him.

You can do this! Step up. The Holy Spirit is in you. Let Him lead. You can do it!

Remember: Confession is available this Tuesday from 9:30am-6pm at Precious Blood Cathedral.

Edward Rowland Sill, a poet and educator in the nineteenth century, wrote a poem in which a king, jokingly, asked a jester for a prayer.

Hamming it up, the jester recounted the King's failings, pretended they were his own. After each, he said, "Be merciful to me, a fool!"

Everyone expected the King to fly into a rage. Instead, he took a walk in his garden where he could be heard muttering, "Be merciful to me, a fool."

None of us know it all or can do it all. Until we do and until we can, let us remember to be humble.

From: THE Friendship Book - A THOUGHT FOR EACH DAY 2020

None of Them Are Toys!

When my daughters were little I would always tell them around Christmas that this is Jesus's birthday and He only received so do not be disappointed in what lies under the tree. When it came time for worship on Christmas morning, I asked the children what they thought Jesus would think of Santa and all the hype. Would he ask Santa a question? My youngest daughter replied, "I think Jesus would ask how come I got three things and none of them were toys?"

SAL Ridgeway, Ontario