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***We are each of us angels with only one wing...  
And we can fly embracing each other...***

Luciano DeCrenzcenzo

**September 21, 2025** – Sunday after the Exaltation of the Holy Cross; Octoechos Tone 6; The Holy Apostle Codratus of Magnesia.

*Intentions this Sunday*

Saturday at 4:15pm: +Mary, +Steve, +Dennis Tarasuk; Sunday at 9:30am: Parishioners; Sunday at 11am: Parishioners

***First Antiphon***

O God, my God, hear me; why have You forsaken me?\* The words of my transgressions put salvation far from me.\*  
*Through the prayers of the Mother of God,\* O Saviour, save us.*

O God, I will call to You by day but You will not listen;\* and by night, yet it will not be foolish of me.\* *Through the prayers of the Mother of God,\* O Saviour, save us.*

But You, the praise of Israel,\* dwell in the holy place. *Through the prayers of the Mother of God,\* O Saviour, save us.*

Glory. Now. Only-begotten Son.

***Third Antiphon***

Come, let us sing joyfully to the Lord,\* let us acclaim God, our Saviour. *Son of God, crucified in the flesh,\* save us who sing to You: Alleluia.*

Let us come before His face with praise,\* and acclaim Him in psalms.\* *Son of God, crucified in the flesh,\* save us who sing to You: Alleluia.*

For God is the great Lord,\* and the great king over all the earth.\* *Son of God, crucified in the flesh,\* save us who sing to You: Alleluia.*

***Entrance***

Come, let us worship\* and fall down before Christ.\* *Son of God, crucified in the flesh,\* save us who sing to You: Alleluia.*

***Troparia and Kontakia***

*Troparion, Tone 6:* Angelic powers were upon Your tomb\* and the guards became like dead men;\* Mary stood before Your tomb\* seeking Your most pure body.\* You captured Hades without being overcome by it.\* You met the Virgin and granted life.\* O Lord, risen from the dead,\* glory be to You!

***Перший антифон***

Боже, Боже мій, зваж на мене, чому Ти оставив мене?\* Далеко від спасення мого слова гріхопадіння моїх.  
*Молитвами Богородиці,\* Спасе, спаси нас.*

Боже мій, закличу вдень і не вислухаєш,\* і вночі, і не в безумство мені. *Молитвами Богородиці,\* Спасе, спаси нас.*

А Ти у святому живеш,\* хвало ізраїлева. *Молитвами Богородиці,\* Спасе, спаси нас.*

Слава. І нині. Єдинородний Сїну.

***Третій антифон***

Прийдіте, возрадуємося Господеві, воскликнім Богу, Спасителеві нашому. *Спасі нас, Сїну Божий, що плоттю розп'явся, співаємо Тобі: Алілуя.*

Ідім перед лицем Його з ісповіданням, і псалмами воскликнім Йому. *Спасі нас, Сїну Божий, що плоттю розп'явся, співаємо Тобі: Алілуя.*

Бо Бог – великий Господь і цар великий по всій землі. *Спасі нас, Сїну Божий, що плоттю розп'явся, співаємо Тобі: Алілуя*

***Вхідне***

Прийдіте поклонімся\* і припадім до Христá.\* *Спасі нас, Сїну Божий, що плоттю розп'явся, співаємо Тобі: Алілуя*

***Тропарі й кондаки***

*Тропар воскресний (г. 6):* Ангельські сили – на гробі Твоім,\* а сторожа омертвіла.\* Марія ж стояла у гробі,\* шукаючи пречистого тіла Твого.\* Полонів Ти ад, та не переможений ним,\* зустрів Ти Дїву, даруючи життя.\* Воскреслий з мертвих Господи, слава Тобі.

*Troparion, Tone 1:* Save Your people, O Lord, and bless Your inheritance.\* Grant victory to Your faithful people against enemies,\* and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit.

*Kontakion, Tone 6:* With His life-giving hand\* Christ our God, the Giver of life,\* raised all the dead from the murky abyss\* and bestowed resurrection upon humanity.\* He is for all the Saviour,\* the resurrection and the life, and the God of all.

Now and for ever and ever. Amen.

*Kontakion, Tone 4:* By Your own choice, O Christ our God,\* You were lifted on the cross.\* Grant Your mercies to Your new community\* that bears Your Name.\* By Your power gladden the faithful people,\* and grant them victory against enemies.\* May they have the help of Your instrument of peace,\* the invincible sign of victory.

### **Prokeimenon**

*Tone 7:* Exalt the Lord our God,\* and bow in worship at the footstool of his feet, for it is holy.

*Repeat:* Exalt the Lord our God,\* and bow in worship at the footstool of his feet, for it is holy.

*verse:* The Lord reigns, let the people tremble.

*Repeat:* Exalt the Lord our God,\* and bow in worship at the footstool of his feet, for it is holy.

### **Epistle** Galatians 2:16-20

#### **Alleluia, Tone 1**

*verse:* Remember Your congregation which You acquired from the beginning.

*verse:* But God is our king before the ages; He has wrought salvation in the midst of the earth.

### **Gospel** Mark 8:34-9:1

#### **Hymn to the Mother of God, in the place of It is truly right**

O my soul, magnify the most precious cross of the Lord.

You are a mystical Paradise, O Mother of God, who though untilled, have brought forth Christ. He has planted upon earth the life-giving Tree of the Cross. Therefore today as we raise it on high we bow low and we magnify you.

#### **Communion Hymn**

Praise the Lord from the heavens,\* praise Him in the highest.\* Let the light of Your countenance, O Lord,\* shine upon us.\* Alleluia, alleluia,\* alleluia.

#### **At the end of Liturgy we sing:**

To Your Cross, O Master, we bow in veneration, and we glorify Your holy Resurrection. (3)

*Тропар (г. 1):* Спаси, Господи, людéй Твоіх\* і благослови насліддя Твоє,\* перемоги благовірному народові на супротивників даруй\* і хрестом Твоїм\* охорони люд Твій.

Слава Отцю, і Сїну, і Святому Духові.

*Кондак воскресний (г. 6):* Життедаїною допóнею\* умёрлих із мрячних долин\* воскресів усіх Життедавець – Христóс Бог,\* воскресіння подав людському родóві.\* Він бо всіх Спаситель, воскресіння, і життя, і Бог усіх.

І нині, і повсякчас, і на віки віків. Амінь.

*Кондак (г. 4):* Вознісся Ти на хрест добровільно.\* Новóму людові Твоєму, що Твоє ім'я носить,\* даруй щедроти Твої, Христе Бóже.\* Возвесели сілою Твоєю благовірний нарóд,\* перемоги на супротивників дай йому,\* що за поміч має Твоє ору́жжя миру, непобóрну перемо́гу.

### **Прокімен**

*(г. 7):* Вознесіть Господа Бóга нашого і поклоняйтесь підніжжю ніг Його, бо святе вонó.

*Всі:* Вознесіть Господа Бóга нашого і поклоняйтесь підніжжю ніг Його, бо святе вонó.

*Стих:* Господь воцарівся, нехай обурюються нарóди.

*Всі:* Вознесіть Господа Бóга нашого і поклоняйтесь підніжжю ніг Його, бо святе вонó.

### **Апостол** Гал 2, 16-20

#### **Алилуя (г. 1)**

*Стих:* Пом'яні грома́ду Твою, яку придба́в Ти від початку.

*Стих:* Бог же – цар наш спéредвіку, учинив спасіння посéред землі.

### **Євангеліє** Мк. 8,34 – 9,1

#### **Замість Достойно**

Величай, душе моя, пречесний хрест Господній.

Таїнственний рай Ти, Богородице, що невоздільно виростила Христа. Він на землі насадив хресне життєносне древо. Йому, що його нині возносять, поклоняючися, Тебе величаємо.

#### **Причасний**

Хваліте Господа з небéс,\* хваліте Його во ви́шніх.\* Знаменувалося на нас\* світло лиця Твого, Господи.\* Алилу́я, алилу́я,\* алилу́я.

#### **Після літургії співаємо:**

Хресту Твоєму поклоняємось, Владі́ко, і святéє воскресіння Твоє сла́вим (3).

## Liturgical Schedule

|   |  |                  |  |  |
|---|--|------------------|--|--|
| <b>Monday, Sept 22</b><br>The Holy Hieromartyr<br>Phocas, Bishop of<br>Sinope.  | Galatians 4:28-5:10<br>Mark 6:54-7:8       |                  |  |  |
| <b>Tuesday, Sept 23</b><br>☩ The Conception of<br>the Honourable and<br>Glorious Prophet,<br>Forerunner, and Baptist<br>John. | Galatians 4:22-31<br>Luke 1:5-25           |                  |  |  |
| <b>Wednesday Sept 24</b><br>☩ The Holy First-Martyr<br>and Equal-to-the-<br>Apostles Thekla.                                  | Galatians 6:2-10<br>Mark 7:14-24           | 10am             | Rosary and Divine Liturgy                              |  |
| <b>Thursday, Sept 25</b><br>Our Venerable Mother<br>Euphrosyne.   | Ephesians 1:1-9<br>Mark 7:24-30            |                  |  |  |
| <b>Friday, Sept 26</b><br>☩ The Falling Asleep of<br>the Holy Apostle and<br>Evangelist John the<br>Theologian.               | 1 John 4:12-19<br>John 19:25-27; 21:24-25  | 10am             | Divine Liturgy   | <i>Abstain from meat and<br/>meat products.</i>    |
| <b>Saturday, Sept 27</b><br>The Holy Martyr<br>Callistratus and those<br>with him;  | 1 Corinthians 10:23-28<br>Matthew 24:34-44 | 4:15pm<br>5:30pm | Divine Liturgy (English)<br>Great Vespers              | Intention: Parishioners                            |
| <b>Sunday, Sept 28</b><br>Sixteenth Sunday after<br>Pentecost.  | 2 Corinthians 6:1-10<br>Matthew 25:14-30   | 9:30am<br>11am   | Divine Liturgy (Ukrainian)<br>Divine Liturgy (English) | Intention: Parishioners<br>Intention: Parishioners |

## Other Events This Week

Monday, Sept 22 – Senior Exercise Clas from 11-11:30am

Wednesday, Sept 24 – Senior Exercise Class from 11-11:30am.

Thursday, Sept 25 – Cabbage Roll and Perogy making from 7am to noon. Lunch is provided.

## ANNOUNCEMENTS

1. We welcome our guests and visitors. Thank you for worshipping with us!
2. BRUNCH TODAY (Sunday) from 10am-12:30pm. Stay after Church for breakfast! \$15 for adults; \$6 for kids (6-12); kids 5 and under are free.
3. HOLODOMOR NATIONAL AWARENESS TOUR: Visiting our parish this weekend. An opportunity to learn about the Soviet Union's genocide against Ukrainians in the winter of 1932-33—one of the most horrifying chapters of modern Ukrainian history. Their mobile classroom will be in our parking lot on Sunday from 10am-1pm—please pay a visit.
4. FEAST DAY THIS WEEK: Falling Asleep of St. John the Evangelist—the only one of the twelve disciples who did not die a martyr's death. Divine Liturgy Friday at 10am.
5. LIFE CHAIN: Sunday, October 5 from 2-3pm at the corner of Great Northern Rd and Willoughby St. A yearly silent and prayerful demonstration in support of the most vulnerable and least protected members of society: the unborn. Every year, approximately 100,000 are killed in Canada. All are invited to stand in silent witness.
6. Looking ahead: Baptism of Willa Thorpe, daughter of Lauren Tarasuk (granddaughter of Steven and Anna Tarasuk), on Sunday, October 12, at the 11am Liturgy.

7. Want to get to know Jesus better? Consider joining ALPHA at St. Veronica's Parish, starting September 26 at 6pm. Each session involves a meal, a video about our faith, and then a discussion about the video. Register at [www.veronica.church](http://www.veronica.church).

**Outreach to Homebound Parishioners:** Know of someone who might like a priest's visit? Contact the office or Fr. Michael to arrange.

**PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR:** Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Stratichuk, Elsie Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Denise Jacques, Phil Marinelli, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barasanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn & Art Spadoni, Paul Taillefer, Erin, Dave Kowalyk, Mary Romanchuk, McGill Perry, Tammy Zalewski, Fernando Mannarino, Dave Redfern, Ora, Paul M, June, Bob, Dustin Wenmany and Tracey Burmaster, Mel Stanghetta, Norna Martynuck, Sylvie B, Bill McConnell, Anastasiia Pavliuk, Wanda Featherston, Roger McMillan, Clark Hutton, Gerry, Moira O'Pallie, Chris Applejohn, Barb and Gerry.

*Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen*

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**DONATIONS - Sunday, September 14, 2025**

Collection: \$1,375 – Building Fund: \$83 – Church New Year: \$50

In Memory of Karen Conway: \$50

**THANK YOU!**

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**"On Call Priest"**

A priest is available in the city for emergencies 24/7. You can notify the chaplain, nurse or nursing home coordinators to contact the priest ON CALL. (705-256-6675)

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**HOST FAMILIES NEEDED**

The NET (National Evangelization Team) is a group of mature, faith filled young adults (ages 18-30) that will be in Sault Ste. Marie offering Confirmation and School Retreats October 10-20. Host Families are needed to provide a place for the missionaries to sleep during their stay (Missionaries are prepared to sleep on couches and floor spaces if no beds are available). A host family also provides meals during the Team's stay. Host families take in two or more same gendered team members. If you are able to assist by providing accommodations for some or all of this time period, please reach out to Stephanie Parniak by Monday September 29<sup>th</sup> at [stephanie.parniak@hscdsb.on.ca](mailto:stephanie.parniak@hscdsb.on.ca) or by calling 705-989-5454.

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**The Pencil and the Eraser**

"Hey, how are you?" the eraser asked softly.

"I'm not your friend," the pencil snapped. "I can't stand you."

The eraser blinked, hurt. "Why?"

"Because you keep undoing everything I write."

"I don't erase everything," the eraser said gently. "Only the mistakes."

"That doesn't make it right," the pencil muttered.

"But that's what I was made to do."

"Then your existence is pointless," the pencil grumbled. "Writing matters more than erasing."

"To correct the wrong is just as important as writing the right," the eraser replied.

The pencil fell silent, then whispered, "But I see you shrinking day by day..."  
"That's because I give a little of myself each time I help fix something," the eraser answered.  
"I feel smaller too," admitted the pencil.  
"We can't make life better for others without giving something of ourselves," the eraser smiled.

She looked at him and asked quietly, "Do you still hate me?"  
The pencil softened, a smile tugging at his lips:  
"How could I hate someone who gives so much of themselves for me?"

Every sunrise leaves us with one day less.  
If you can't be the pencil that writes joy, be  
the eraser that eases someone's sorrow,  
restores hope, and reminds them:  
Tomorrow can be brighter than yesterday.

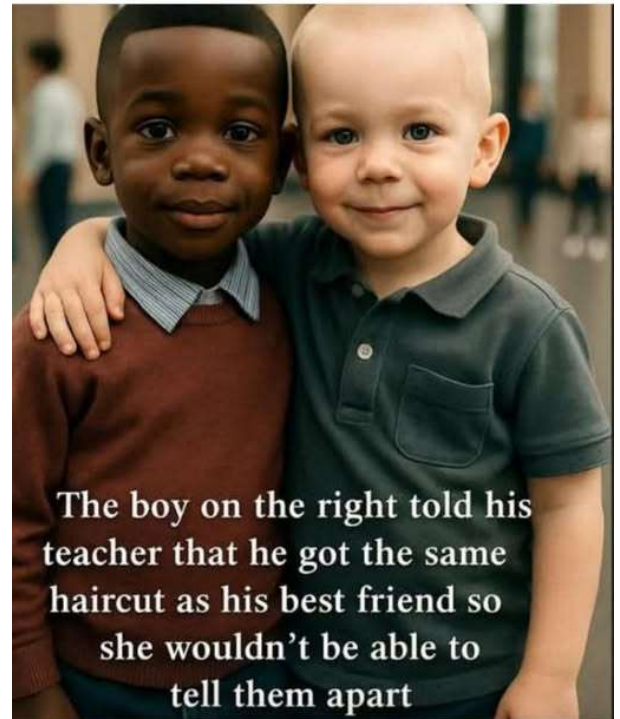
Always—be grateful.

### Humour of the Week

A preacher is reaching the end of his sermon. He tells the congregation, "Now for next week, I need everyone to read Leviticus chapter 28. It ties into my sermon." A week passes. The preacher reached the pulpit and asked, "How many of you read Leviticus 28?" Everyone raised their hands.. The preacher looked and said, "Ladies and gentlemen, there is no 28<sup>th</sup> chapter to Leviticus. Now let me start my sermon on lying."

I don't mean to brag, but...I just put a puzzle together in 1 day and the box said 2-4 years.

The wife says, "I have to get a tooth pulled and I have no time for any anesthesia. Just pull the tooth as quickly as you can so we can get going."  
The dentist was really impressed. "You are indeed a brave woman. Which tooth is to be removed."  
She turned to her husband and said, "Show him your tooth dear."



Starting on Thursday  
September 25, 2025 at 6:00 PM  
St. Veronica's Church (559 Douglas St.)

Alpha is a series of sessions exploring the basics of  
Christian faith and is designed to create  
conversation. (11 week event)

Register at [www.veronica.church](http://www.veronica.church)  
or call the office at (705) 253-9411

**IS THERE MORE TO LIFE THAN THIS?**

Free  
Meal

Inspiring  
Video

Answers to  
life's big  
questions



## Prayer Intentions, Special Services, and Stipends

I've had questions about how Liturgy intentions work, what the fee to request an intention is, how funeral, wedding, or baptism costs work, etc.... I'll address this here all in one place and I hope to make it as clear and as transparent as possible. If you still have questions, please feel free to ask!

First of all, **there is never any fee or required payment of any kind** for a prayer/Liturgy intention or special service (baptism, wedding, funeral, memorial service, etc...). The Church offers her prayer and rites and the sacraments freely. To require payment would be to commit the sin of simony. Nevertheless, very often, the faithful want to offer a stipend, a monetary 'thank you', for such intentions or occasions. This is optional and never expected (though always appreciated).

### *Liturgy Intentions*

There is no limit to the number of intentions at a Liturgy, however **a priest can receive a maximum of one stipend** per Liturgy (for a 'primary intention'). Furthermore, on every Sunday and Holy Day of Obligation, the primary intention must be for the members of the parish and no stipend can be received for that Liturgy. If there are multiple Liturgies in a parish on those days, at least one of them must be for parishioners.

### *A Complicating Situation*

Suppose there is already a primary or 'stipended' intention at a Liturgy and the priest is given a stipend for an additional intention.

*Option 1:* The priest offers another Liturgy at another time for the intention attached to that additional stipend.

*Option 2:* The priest passes on the intention and stipend to another priest. This may be a concelebrating priest at the same Liturgy or a priest celebrating the Liturgy at another time.

These rules exist in order to prevent priests from collecting large numbers of stipends per Liturgy and unfairly profiting off of the faithful's devotion. This abuse sadly has happened.

As for the amount given, our Eparchy does not have a published list of suggested stipends. In my experience, most give between \$10 and \$30. Most Catholic jurisdictions I'm aware of with officially suggested stipends will indicate \$10 or \$20.

### *Special Services*

*Funerals* – In our Eparchy, the suggested stipend amount is \$350 for the priest and \$150 for the cantor. These stipends are usually collected by the funeral home as a part of their fees and then they issue the cheques to the recipients. Something to consider: if you offer the priest and cantor a stipend personally, you don't get charged HST. If done through the funeral home, they charge HST. Again, these are never required.

*Weddings/Baptisms/Memorial Services* – There is no suggested amount for these in our Eparchy. However, when I am asked about what is reasonable, I mention the funeral amount and the time requirements of a funeral vs the time requirements of the service being requested. For a memorial parastas or panakhyda, I would suggest much less (usually \$20). For a wedding or a baptism, a bit more than a funeral since they require a greater time commitment from the priest. And then always reiterate that the services are offered for no charge and that any money offered is a free-will stipend. If I am not asked about a stipend, I do not bring it up.

Fr. Michael



TODAY!

JOIN THE HOLODOMOR MOBILE CLASSROOM AT  
ST. MARY'S UKRAINIAN CATHOLIC CHURCH  
293 ST. GEORGE'S AVENUE EAST, SAULT STE. MARIE ON  
SUNDAY, SEPTEMBER 21, 2025 FROM 10:00 - 1:00 P.M.  
LEARN HOW THE PAST CAN REPEAT ITSELF



Campaign Life Coalition Presents

# LIFE CHAIN

♦ SUNDAY • OCT • 5 • 2025 ♦

TIME: 2-3 PM

Join thousands across Canada standing against abortion in a peaceful, prayerful demonstration!

LOCATION: Great Northern Rd & Willoughby St

CONTACT: Bill Murphy 705-759-6086

[campaignlifecoalition.com/life-chain](http://campaignlifecoalition.com/life-chain) | 1-800-730-5358 | [lifechain@clife.ca](mailto:lifechain@clife.ca)

Campaign Life Coalition @CampaignLife @clayouthprolife CampaignLifeTV



Canadian Bushplane Heritage Centre  
50 Pim Street,  
Sault Ste. Marie, ON



Ukrainian Canadian Congress  
Ontario Provincial Council



SEPTEMBER 25TH  
5:00-6:30 PM



Follow the link for  
the Registration



## Ukrainian Papercutting Workshop (Vytynanka)

Learn about the history and symbolism of vytynanka;  
- Discover which patterns were considered festive or protective;  
- Create your own papercut designs, from simple to more intricate.

♦ Spaces are limited - registration required.

This workshop is suitable for adults and children (ages 8+).  
All materials will be provided.