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***We are each of us angels with only one wing...
And we can fly embracing each other...***

Luciano DeCrenzenzo

August 10, 2025 – Ninth Sunday after Pentecost; Octoechos Tone 8; Post-Feast of the Transfiguration; The Holy Martyr and Archdeacon Lawrence; Dormition Fast.

Intentions this Sunday

Saturday at 4:15pm: Parishioners; Sunday at 10am: +Nicolas Georgas (40th Day)

First Antiphon

Shout to the Lord, all the earth, sing now to His name, give glory to His praise. *Through the prayers of the Mother of God, O Saviour, save us.*

The voice of Your thunder was in the whirlwind; Your lightning lit up the world. *Through the prayers of the Mother of God, O Saviour, save us.*

You have clothed Yourself in praise and splendour; You robe Yourself in light as with a cloak. *Through the prayers of the Mother of God, O Saviour, save us.*

Glory... Now... Only-begotten Son...

Third Antiphon

Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour. *Son of God, transfigured on the mount, save us who sing to You: Alleluia.*

Let us come before His face with praise, and acclaim Him in psalms. *Son of God, transfigured on the mount, save us who sing to You: Alleluia.*

For God is the great Lord, and the great king over all the earth. *Son of God, transfigured on the mount, save us who sing to You: Alleluia.*

Entrance

Come, let us worship and fall down before Christ. *Son of God, transfigured on the mount, save us who sing to You: Alleluia.*

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You.

Troparion, Tone 7: You were transfigured on the mount, O Christ God,* showing Your glory to Your disciples as much as they could bear.* Make Your eternal light shine* also on us who are sinners,* through the prayers of the Mother of God,* O Giver of Light, glory to You!

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 8: When You rose from the tomb,* You also raised the dead and resurrected Adam.* Eve exults in Your resurrection,* and the ends of the world celebrate Your rising from the dead,* O most merciful One.

Now and for ever and ever. Amen.

Kontakion, Tone 7: You were transfigured on the mount, O Christ God,* and Your disciples saw Your glory as much as they could;* that when they saw You crucified* they might know that You suffered willingly*, and might proclaim to the world* that You are truly the brightness of the Father.

Prokeimenon, Tone 8

Pray and give praise to the Lord our God.

Repeat: Pray and give praise to the Lord our God.

verse: In Judea God is known; His name is great in Israel.

Repeat: Pray and give praise to the Lord our God.

Epistle

1 Corinthians 3:9-17

Alleluia, Tone 8

verse: Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His countenance with praise and acclaim Him with psalms.

Gospel

Matthew 14:22-34

Hymn to the Mother of God, in the place of It is truly right

O my soul, magnify the Lord transfigured on the mountain. Your giving birth was revealed as incorrupt; for it was God who came forth from your womb; He appeared on earth in the flesh, and made His dwelling among us. Thus, O Mother of God, all of us magnify you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia.

Liturgical Schedule

Monday, Aug 11 The Holy Martyr Euplus.	1 Corinthians 15:12-19 Matthew 21:18-22			
Tuesday, Aug 12 The Holy Martyrs Photius and Anicetas.	1 Corinthians 15:29-38 Matthew 21:23-27			
Wednesday Aug 13 Our Venerable Father Maximus the Confessor.	1 Corinthians 16:4-12 Matthew 21:28-32	10am	Rosary and Festal Divine Liturgy	<i>Abstain from meat and meat products.</i>
Thursday, Aug 14 Ⲅ Fore-feast of the Holy Dormition of the Mother of God; Holy Prophet Micah.	Hebrews 13:7-16 Matthew 11:27-29	5pm	Great Vespers, with Lamentations at the Tomb of the Mother of God	
Friday, Aug 15 Ⲅ The Dormition of Our Most Holy Lady, the Mother of God and Ever-Virgin Mary.	Philippians 2:5-11 Luke 10:38-42, 11:27-28	10am	Festal Divine Liturgy	
Saturday, Aug 16 Ⲅ The Transfer from Edessa to	Romans 15:30-33 Matthew 17:24-18:4	4:15pm 5:30pm	Divine Liturgy (for Sunday) Great Vespers	Intention: Parishioners

Constantinople of the
Holy Icon “Not Made
with Hands” of Our
Lord, God and Saviour
Jesus Christ, also
Called the Holy Veil

Sunday, Aug 17
Tenth Sunday after
Pentecost;

1 Corinthians 4:9-16
Matthew 17:14-23

10am

Divine Liturgy (Bilingual—
Primarily English)

Intention: Parishioners

Other Events this Week

Thursday, Aug 14 – Cabbage Roll and Perogy making from 7am to noon. Lunch is provided.

Sunday, Aug 17 – Coffee and fellowship after Liturgy. Faith Formation (Topic: Proskomedia—The Rite of Preparing the Bread and Wine for the Liturgy)

ANNOUNCEMENTS

1. We welcome our guests and visitors. Thank you for worshiping with us! Our Liturgy on Saturday evening is in English. Our Liturgy on Sunday morning is mostly in Ukrainian—next week it will be mostly in English. Come join us for coffee after Liturgy (on Sunday) and join the Georgas family who are commemorating their departed loved one, Nicolas, on the fortieth day of his repose. Faith formation is paused this week.
2. TODAY: After Liturgy (Sunday 10am), 40th Day Memorial Panakhyda for +Nicolas Georgas followed by informal reception afterwards. Memory eternal!
3. Summer is upon us. If you are travelling or going to camp, don't neglect the Sunday Liturgy. The Eucharist is the source and summit of our Christian life, and to deprive ourselves of it is to starve ourselves spiritually.
4. HOLY DAY THIS WEEK: The Feast of the Dormition of the Mother of God on Friday. The Church expects us to treat this day like a Sunday—attend the Liturgy in the morning if at all possible (or Vespers the evening before), avoid unnecessary labour. Abstention from meat and meat products is not required on Friday on account of the Feast.
 - a. On Thursday evening, special hymns of lamentation will be sung at the end of Vespers at the Tomb of the Mother of God. These hymns with their beautiful and unique melodies mirror the lamentations sung at Jerusalem Matins of Holy Saturday at the Tomb of Christ.
 - b. Blessing of Flowers and Herbs this Friday at the end of Liturgy as well as on Saturday and Sunday next weekend.
5. Our cook Rick Nelson will be riding in the 3rd Annual DRAGONFLY RUN FUNDRAISER for ARCH on Sunday, August 24th. ALL money raised is to support our community hospice – a vital part of our community. Please support this very important event. We have a sponsor sheet in the office. Tax receipts will be issued for donations of \$20 or more.
6. It's that time of year again – the Salvation Army's "BACKPACK PROGRAM" that provides school supplies for the many less fortunate children in our community (kindergarten through grade 12). Let's show them that we care! Below is a list of the items needed. The last day to bring in your donations is Tuesday, August 19th. Please remember – "What soever you do to the least of my brothers, that you do unto me!"
 - medium, gender-neutral backpacks, lunch bags, binders 1" or 2", notebooks, spiral notebooks, pencil cases, pencils, pens, crayons, pencil crayons, pencil sharpeners, markers, highlighters, erasers, rulers, glue sticks, scissors

Just as a note – the Salvation Army has been busy this summer distributing over 450 hundred food hampers, as well as providing 3000 lunches to go each month.

7. LOOKING AHEAD: PRAZNYK on Sunday, September 7th. One parish Liturgy that weekend at 3pm followed by Potluck. Please plan to attend!

Outreach to Homebound Parishioners: Know of someone who might like a priest's visit? Contact the office or Fr. Michael to arrange.

PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR: Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Stratichuk, Elsie

Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Denise Jacques, Phil Marinelli, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barasanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn & Art Spadoni, Paul Taillefer, Erin, Dave Kowalyk, Mary Romanchuk, McGill Perry, Tammy Zalewski, Fernando Mannarino, Dave Redfern, Ora, Paul M, June, Bob, Dustin Wenmany and Tracey Burmaster, Mel Stanghetta, Norna Martynuck, Sylvie B, Bill McConnell, Anastasiia Pavliuk, Wanda Featherston, Roger McMillan, Clark Hutton, Gerry, Moira O'Pallie, Karen Conway, Chris Applejohn, Barb and Gerry.

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen

DONATIONS: Sunday, August 3: \$615.00

Building Fund: \$150.00

Online donations received via Canada Helps (July 2025): \$1385.90

Thank You !!

“On Call Priest”

A priest is available in the city for emergencies 24/7. You can notify the chaplain, nurse or nursing home coordinators to contact the priest ON CALL. (705-256-6675)

FEAST THIS PAST WEEK: THE TRANSFIGURATION OF OUR LORD JESUS CHRIST

The Transfiguration is one of the miracles of Jesus in the Gospels. This miracle is unique among the others in that the miracle happens to Jesus Himself. In the Gospel accounts Jesus along with Peter, John and James go to Mount Tabor. On the mountain Jesus begins to shine with bright rays of light, and the prophets Elijah and Moses appear and speak to Him. Jesus is then called “Son” by a voice in the sky.

The Transfiguration is seen as a theophany, a manifestation of the Holy Trinity: of the Son in the person of Jesus; the Spirit in the bright, overshadowing cloud; and the Father in the voice from the cloud. There is a link between the Feasts of Christ’s Baptism and his Transfiguration, for both involve the activity and manifestation of the Trinity.

In Christian teachings, the Transfiguration is a pivotal moment, and the setting on the mountain is presented as the point where human nature meets God: the meeting place for the temporal and the eternal, with Jesus himself as the connecting point, acting as the bridge between heaven and earth.

For the apostles the transfiguration formed part of their training. It should have disposed them to believe in the divinity of Christ, even during His passion and death. In particular, the three favored apostles should have become sufficiently mature to remain faithful during their Master’s deepest humiliation on Olivet and Calvary.

For us the transfiguration is, and will always remain, heaven’s testimony to Christ’s divinity. All the miracles of Christ served this end, to reveal the divinity of Christ. Jesus passed His life on earth as a poor, ordinary, simple Jew. But at the transfiguration, He threw off the dark mantle of humanity and revealed Himself in full divine splendor. In spirit we gaze upon Him glorified and say: “Lord, I believe. Thou art the Christ, the Son of the living God.” Yet another truth is proclaimed in today’s mystery: that some day we too will be glorified.

What is the importance of the transfiguration to the liturgy itself? Remember, the liturgical texts not only serve to give instruction; their principal function is to signify that which actually takes place. What once happened during the night on Mount Tabor happens again every time the holy Sacrifice is offered. We may see only the simple appearances upon the altar, but with the eyes of faith we behold the glorified Christ; we see, in fact, the King of glory with His court, the saints of the Old and New Covenant. Liturgy actualizes in our very presence the

sanctifying act of Christ at His transfiguration.

It is, therefore, not only Christ who becomes transfigured — He allows us to share His glory. The Holy Eucharist is the sacrament of the transfiguration, for it is “the seed of glory.” The purpose of the liturgy is the divine transfiguration of the participants.

Excerpts from *With Christ Through the Year: The Liturgical Year in Word and Symbols* by Rev. Bernard Strasser, O.S.B., 1947, The Bruce Publishing Company

DID YOU KNOW?

- The first feast of the liturgical year is the Nativity of Mary (September 8) and the last feast of the church year is the Dormition (August 15).
- There are no relics of the Mother of God. This confirms what the Church has always kept in its Tradition: that Mary ascended to heaven with her body.
- We do not know the time or place of Mary’s death. There are two traditions: one, she died in Jerusalem; the second, she died in Ephesus.
- Dormition means “passage through death,” or “the falling asleep.”
- Assumption signifies “ascension into heaven.”
- The feast of the Dormition is a second Pascha, a passage from death to life, because we believe that Mary, like her Son, has passed through death and like Him she has risen body and soul.
- This icon expresses the hope of every Christian who waits for the hour of death as the passage into new life, because of the victory of the resurrected Christ. Each death is a new and personal Pascha.
- In preparation for the feast, a two-week fast is prescribed. Historically, the Fast of Dormition can be traced to the 9th century but it was officially introduced into the Byzantine Church in the 12th century.
- According to an old custom, flowers and medicinal herbs are blessed after the Divine Liturgy on the Feast of the Dormition. According to traditional belief, after Mary’s assumption, her tomb was filled with a “heavenly fragrance” and flowers. The herbs, used as natural medicine, are blessed in commemoration of the numerous healing and extraordinary graces bestowed on the pilgrims at Mary’s tomb.

Source: Ukrainian Catholic Eparchy of Saskatoon

While shopping in a food store, two nuns happened to pass by the beer cooler. One nun said to the other, “Wouldn’t a nice cool beer or two taste wonderful on a hot summer evening?”

The second nun answered, “Indeed it would Sister, but I wouldn’t feel comfortable buying beer as I am certain that it would cause a scene at the checkout counter.”

“I can handle that without a problem” she replied as she picked up a six pack and headed for the checkout.

The cashier had a surprised look on his face when the two nuns arrived with the six pack of beer.

“We use beer for washing our hair” the nun said, “A shampoo of sorts if you will.”

Without blinking an eye, the cashier reached under the counter, pulled out a package of pretzel sticks and placed them in the bag with the beer. He then looked the nun straight in the eye, smiled and said, “The curlers are on the house.”

I’M SO OLD. I REMEMBER ONE BATHROOM FOR THE WHOLE FAAMILY, A PHONE ON THE WALL, AND A TV WITH RABBIT EARS AND JUST 3 CHANNELS. AND WE STILL MADE IT!!