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We are each of us angels with only one wing...

And we can fly embracing each other...

Luciano DeCrenzenzo

August 3, 2025 – Eighth Sunday after Pentecost; Octoechos Tone 7; Our Venerable Fathers Isaac, Dalmatus, and Faustus.

Intentions this Sunday

Saturday at 4:15pm: Parishioners; Sunday at 10am: Parishioners

Troparia and Kontakia

Troparion, Tone 7: By Your cross You destroyed death;* You opened Paradise to the thief;* You changed the lamentation of the myrrh-bearers to joy,* and charged the apostles to proclaim* that You are risen, O Christ our God,* offering great mercy to the world.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 7: No longer shall the dominion of death be able to hold humanity,* for Christ went down shattering and destroying its powers.* Hades is bound.* The prophets exult with one voice.* The Saviour has come for those with faith, saying:* “Come forth, O faithful, to the resurrection!”

Now and for ever and ever. Amen.

Kontakion, Tone 7: O all-praised treasury of our resurrection, we hope in you,* bring us up from the pit and depth of sin,* for you have saved those subject to sin* by giving birth to our Salvation,* O Virgin before childbirth, and Virgin in childbirth,* and still a Virgin after childbirth.

Prokeimenon, Tone 7

The Lord will give strength to His people;* the Lord will bless His people with peace.

Repeat: The Lord will give strength to His people;* the Lord will bless His people with peace.

verse: Bring to the Lord, O you sons of God; bring to the Lord young rams.

Repeat: The Lord will give strength to His people;* the Lord will bless His people with peace.

Epistle

1 Corinthians 1:10-18

Alleluia, Tone 7

verse: It is good to give praise to the Lord; and to sing to Your name, O Most High.

verse: To announce Your mercy in the morning, and Your truth every night.

Gospel

Matthew 14:14-22

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia.

Liturgical Schedule

Monday, Aug 4 The Seven Holy Youths of Ephesus	1 Corinthians 11:31-12:6 Matthew 18:1-11			
Tuesday, Aug 5 The Fore-feast of the Transfiguration of Our Lord Jesus Christ	Hebrews 3:1-14 Matthew 16:13-18	5pm	Great Vespers (Feast of the Transfiguration)	
Wednesday Aug 6 The Holy Transfiguration of Our Lord, God and Saviour Jesus Christ.	2 Peter 1:10-19 Matthew 17:1-9	10am	Rosary and Festal Divine Liturgy	
Thursday, Aug 7 The Holy Venerable-Martyr Dometius.	1 Corinthians 14:6-19 Matthew 20:17-28			
Friday, Aug 8 The Holy Confessor Emilian, Bishop of Cyzicus.	1 Corinthians 14:26-40 Matthew 21:12-14, 17-20			<i>Abstain from meat and meat products.</i>
Saturday, Aug 9 ✙ The Holy Apostle Matthias.	Acts 1:12-17, 21-26 Luke 9:1-6	4:15pm 5:30pm	Divine Liturgy (for Sunday) Great Vespers	Intention: Parishioners
Sunday, Aug 10 Ninth Sunday after Pentecost	1 Corinthians 3:9-17 Matthew 14:22-34	10am	Divine Liturgy (Bilingual—Primarily Ukrainian)	Intention: Parishioners

Other Events this Week

Monday, Aug 4 – Senior Exercise Class from 11-11:30am

Wednesday, Aug 6 – Senior Exercise Class from 11-11:30am

Thursday, Aug 7 – Cabbage Roll and Perogy making from 7am to noon. Lunch is provided.

Sunday, Aug 10 – Coffee and fellowship after Liturgy. Faith Formation (Topic: Proskomedie—The Rite of Preparing the Bread for Liturgy)

ANNOUNCEMENTS

1. We welcome our guests and visitors. Thank you for worshipping with us! Our Liturgy on Saturday evening is in English. Our Liturgy on Sunday morning is mostly in English—next week it will be mostly in Ukrainian. Come join us for coffee after Liturgy (on Sunday) and stay for the faith formation session. The topic: The Who? What? Where? Why? and When? of Fasting.
2. Summer is upon us. If you are travelling or going to camp, don't neglect the Sunday Liturgy. The Eucharist is the source and summit of our Christian life, and to deprive ourselves of it is to starve ourselves spiritually.
3. HOLY DAY THIS WEEK: The Feast of the Transfiguration of Our Lord on Wednesday. The Church expects us to treat this day like a Sunday—attend the Liturgy in the morning if at all possible (or Vespers the evening before), avoid unnecessary labour. Abstention from meat and meat products is not required on Wednesday on account of the Feast.
4. Our cook Rick Nelson will be riding in the 3rd Annual DRAGONFLY RUN FUNDRAISER for ARCH on Sunday, August 24th. ALL money raised is to support our community hospice – a vital part of our community. Please

support this very important event. We have a sponsor sheet in the office. Tax receipts will be issued for donations of \$20 or more.

5. It's that time of year again – the Salvation Army's "BACKPACK PROGRAM" that provides school supplies for the many less fortunate children in our community (kindergarten through grade 12). Let's show them that we care! Below is a list of the items needed. The last day to bring in your donations is Tuesday, August 19th. Please remember – "What soever you do to the least of my brothers, that you do unto me"!

- medium, gender-neutral backpacks
- lunch bags
- binders 1" or 2"
- notebooks
- spiral notebooks
- pencil cases
- pencils
- pens
- crayons
- pencil crayons
- pencil sharpeners
- markers
- highlighters
- erasers
- rulers
- glue sticks
- scissors

Just as a note – the Salvation Army has been busy this summer distributing over 450 hundred food hampers, as well as providing 3000 lunches to go each month.

Outreach to Homebound Parishioners: Know of someone who might like a priest's visit? Contact the office or Fr. Michael to arrange.

PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR: Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Stratichuk, Elsie Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Denise Jacques, Phil Marinelli, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barasanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn & Art Spadoni, Paul Taillefer, Erin, Dave Kowalyk, Mary Romanchuk, McGill Perry, Tammy Zalewski, Fernando Mannarino, Dave Redfern, Ora, Paul M, June, Bob, Dustin Wenmany and Tracey Burmaster, Mel Stanghetta, Norna Martynuck, Sylvie B, Bill McConnell, Anastasiia Pavliuk, Wanda Featherston, Roger McMillan, Clark Hutton, Gerry, Moira O'Pallie, Karen Conway, Chris Applejohn, Barb and Gerry.

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen

Thank You !!

"On Call Priest"

A priest is available in the city for emergencies 24/7. You can notify the chaplain, nurse or nursing home coordinators to contact the priest ON CALL. (705-256-6675)

UBUNTU

In certain regions of south Africa, when someone does something wrong, he is taken to the centre of the village and surrounded by his tribe for two days while they speak of all the good he has done. They believe each person is good, yet sometimes we make mistakes, which is really a cry for help. They unite in this ritual to encourage the person to reconnect with his true nature. The belief is that unity and affirmation have more power to change behaviour than shame and punishment. This is known as Ubuntu – humility towards others.

The Least of My Brothers

Children are God's apostles, sent forth, day by day, to preach of love and hope and peace. – J.R. Lowell

A Guatemalan and I traveled on foot in the mountains. Because of our loads and the steep incline, we stopped under a mango tree to rest amid the cane houses of a tiny village. Soon curious children approached, innocent of the world of television, cartoons, and swing sets. They were the barefoot children of the cane houses with dirt floors. I sensed the expectation of a story... so I told them the "Big Mouth Frog" story, to which they reacted with unusual joy.

We peeled and divided oranges from our backpacks for the two dozen kids, until only half an orange remained for us. Then we saw her, the bashful one, the round-eyed girl of seven, half-hidden behind a crumbling adobe wall. We gave her the remaining half of the orange.

She said thanks, took the half orange, broke it into two parts, and gave half to her little brother and the other half to her little sister who was even more shy and hidden. She thanked us again and went off with nothing for herself...and we stood there with nothing left to give her.

A year later in the same area, I found myself with a family where the father was gravely ill. Sitting on the dirt floor of their smoky cornstalk house, we prayed together for their father. I stayed with the mother and a half dozen kids and we talked and prayed until darkness came.

I hadn't noticed when she crawled into my lap, but I remember wanting to tell the child that she needn't worry because things would get better. But I knew it would not get better. The truth was that things would probably get worse. I wanted to tell her brothers and sisters that they would go to school, and their father would live, and there would be plenty to eat, and...

That made me remember the wheat buns I had in my backpack. I knew that often these families went without eating, so I handed some of the buns to the mother and gave the last of them to the child in my lap. To my surprise, the child said thanks, took the bread, broke it, and gave it to her smaller brother and sister sitting beside us, and, although she had none left for herself, she expected nothing more.

That's how I recognized her...in the way she said thanks, took the bread, broke it, and shared. ~Dave Huebsch
From: Chicken Soup for the Soul – Living Catholic Faith

I grew up with Johnny Cash, Steve Jobs and Bob Hope. Now there's no cash, no jobs and no hope...
Please don't let anything happen to Kevin Bacon