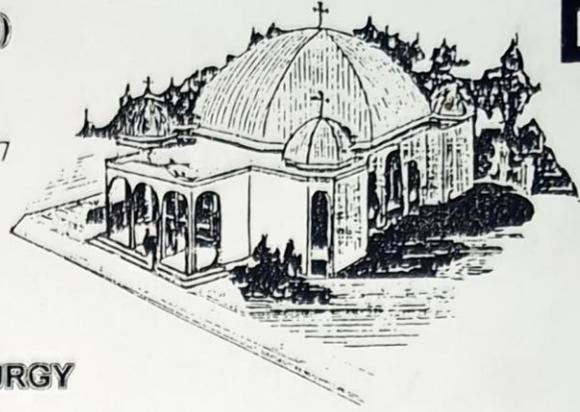


# ST. MARY'S CATHOLIC CHURCH

(Byzantine-Ukrainian Rite)

293 St. George's Avenue East  
Sault Ste. Marie, Ontario  
P6B 6E8 Phone: (705) 942-1377

Established in 1917



## DIVINE LITURGY

Saturday: 4:15 pm. - all in English

Sunday: 9:30 am. - all in Ukrainian

11:00 am. - all in English

**BAPTISM:** by prior arrangement

**MARRIAGE:** Please call the parish office  
3 months notice is required.

## RECONCILIATION:

Saturday: 3:15 - 3:45 pm.

Before & after weekday Liturgy

Anytime by appointment

## SACRAMENT OF THE SICK

## HOME VISITATION:

Please call the parish office to make  
arrangements.

*WELCOME to our parish...Enter expectantly...*

*Breathe prayerfully...*

*Worship reverently...*

*Relax restfully...*

*Greet others in love...*

*Leave touched by God, & come again soon!*

Parish Priest: Rev. Michael Hayes Cell Phone: 705-297-7489  
pastor.soostmaryukr@outlook.com

Office Manager: Charlotte Conrad

**Office Hours: Tuesday-Friday 10am-4pm**  
**Closed on statutory holidays**

Parish Office Phone: 705-942-1377  
Parish Email: soostmaryukr@outlook.com  
Website: www.stmarysukrsm.ca  
Facebook: www.facebook.com/StMarySoo

***We are each of us angels with only one wing...  
And we can fly embracing each other...***

Luciano DeCrenzenzo

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**June 22, 2025** – Second Sunday after Pentecost: Sunday of All Saints of Rus'-Ukraine; Octoechos Tone 1; The Holy Hieromartyr Eusebius, Bishop of Samosata. *Apostles' Fast.*

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***Intentions this Sunday***

Saturday at 4:15pm: Parishioners; Sunday at 10am: +John & Alice Proschuk. Req. by Karen Proschuk.

***Troparia and Kontakia***

*Troparion, Tone 1:* Though the stone was sealed by the Judeans,\* and soldiers guarded Your most pure body,\* You arose, O Saviour, on the third day,\* and gave life to the world.\* And so the heavenly powers cried out to You, O Giver of Life:\* Glory to Your resurrection, O Christ!\* Glory to Your kingdom!\* Glory to Your saving plan,\* O only Lover of mankind.

*Troparion, Tone 4:* O you, who glorified Christ:\* princes and bishops,\* monastics and martyrs,\* and steadfast confessors of Christian Ukraine throughout all times,\*pray Christ God to look with favour on our people\* and to grant them the grace to persevere in the faith\* that the souls of prayerful faithful\* who revere your sacred memory\* may be saved.

Glory be to the Father, and to the Son, and to the Holy Spirit.

*Kontakion, Tone 1:* You arose in glory from the tomb\* and with Yourself You raised the world.\* All humanity acclaims You as God,\* and death has vanished.\* Adam exults, O Master,\* and Eve, redeemed now from bondage, cries out for joy:\* "You are the One, O Christ, Who offer resurrection to all."

Now and for ever and ever. Amen

*Kontakion, Tone 4:* You shine as bright beacons,\* O God-inspired and righteous saints of our Church.\* By your encouraging example,\* you serve communities of faithful throughout the Christian world.\* Therefore we humbly bow our heads to you\* thanking our great and all-gracious God\* Who has made you our intercessors in heaven\* where you pray for our souls.

***Prokeimenon, Tone 1***

Let Your mercy, O Lord, be upon us, as we have hoped in You.

*Repeat:* Let Your mercy, O Lord, be upon us, as we have hoped in You.

*verse:* Rejoice in the Lord, O you just; praise befits the righteous.

*Repeat:* Let Your mercy, O Lord, be upon us, as we have hoped in You.

***Epistle***

Romans 2:10-16

### **Alleluia, Tone 4**

verse: God gives me vindication, and has subdued peoples under me.

verse: Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever.

### **Gospel**

Matthew 4:18-23

### **Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest.\* Rejoice in the Lord, O you just;\* praise befits the righteous\* Alleluia, alleluia,\* alleluia.

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### **Liturgical Schedule**

<b>Monday, June 23</b> The Holy Martyr Agrippina.	Romans 7:1-13 Matthew 9:36-10:8	5pm	Great Vespers	
<b>Tuesday, June 24</b> The Nativity of the Honourable and Glorious Prophet John, Forerunner and Baptist of Christ.	Romans 13:11b-14:4 Luke 1:1-25, 57-68, 76, 80			
<b>Wednesday June 25</b> The Holy Venerable-Martyr Febronia.	Romans 8:2-13 Matthew 10:16-22	10am	Rosary and Divine Liturgy	<i>Abstain from meat and meat products.</i>
<b>Thursday, June 26</b> Most Holy Eucharist; + The Holy Apostle Jude, Brother of the Lord.	Romans 8:22-27 Matthew 10:23-31			
<b>Friday, June 27</b> New Martyrs of Ukraine, Who Suffered under the Communist Yoke	Ephesians 6:10-17 Romans 3:28-4:3	10am	Divine Liturgy	<i>Abstain from meat and meat products.</i>
<b>Saturday, June 28</b> The Transfer of the Relics of the Holy Unmercenaries Cyrus and John.	Romans 3:19-26 Matthew 7:1-8	4:15pm	Divine Liturgy (for Sunday)	Intention: Parishioners
<b>Sunday, June 29</b> Third Sunday after Pentecost; Octoechos Tone 2; ⊕ The Holy, Glorious, All-Praiseworthy and Chief Apostles Peter and Paul.	Romans 2:10-16 Matthew 4:18-23	10am	Divine Liturgy (Bilingual— Primarily Ukrainian)	Intention: Parishioners

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### **Other Events this Week**

Monday, June 23 – Senior Exercise Class from 11-11:30am

Wednesday, June 25 – Senior Exercise Class from 11-11:30am

Thursday, June 26 – Cabbage Roll and Perogy making from 7am to noon. Lunch is provided.

Sunday, June 29 – Fr. Michael's Sixth Anniversary of Ordination. Coffee and fellowship after Liturgy.

## **ANNOUNCEMENTS**

1. We welcome our guests and visitors. Thank you for worshipping with us! Our Liturgy on Saturday evening is in English. Our Liturgy on Sunday morning is mostly in English—next week it will be mostly in Ukrainian.
2. GENERAL MEETING AFTER LITURGY re: Forecasting and moving towards a five-year plan for the parish. Please stay, have something to eat, and contribute to this conversation.
3. APOSTLES' FAST CONTINUES. After the nine weeks of the festal joy of Pascha and Pentecost, the Church once again calls us to a time of fasting, prayer, and almsgiving. As a minimum, the Church expects us to abstain from meat and meat products on Wednesdays during this time in addition to the usual Friday. This fast concludes with the Feast of the Apostles Peter and Paul on June 29.
4. FEAST DAY THIS WEEK: Nativity of St. John the Baptist on Tuesday. Vespers for the Feast on Monday evening at 5pm. There is no Liturgy on Tuesday morning as Fr. Michael will be concelebrating the St. Mary's College Graduation Mass at that time at GFL Memorial Gardens.
5. **Church email change:** Our new parish email is **soostmaryukr@outlook.com**. Please update your contact information. Our old email, soostmaryukr@bellnet.ca, will no longer be operational come early-July.
6. Summer is upon us. If you are travelling or going to camp, don't neglect the Sunday Liturgy. The Eucharist is the source and summit of our Christian life, and to deprive ourselves of it is to starve ourselves spiritually.
7. Pregnancy Centre Baby Bottle Campaign is over. Please return your bottles to the Church so we can return them. And thank you for your generosity towards this critical ministry in our city!
8. Ticket of Hope Sponsorship Program: Contribute towards Ukrainian young adults closest to the war zone attending the Jubilee Year Pilgrimage in Rome this summer. Go to [ucet.ca/ticket-of-hope](http://ucet.ca/ticket-of-hope) for more information and to donate (or scan the QR code on the poster at the Church entrance). Donations are taken until June 30.
- 9.
10. Our cook Rick Nelson will be riding in the 3rd Annual DRAGONFLY RUN FUNDRAISER for ARCH on Sunday, August 24th. ALL money raised is to support our community hospice – a vital part of our community. Please support this very important event. We have a sponsor sheet in the office. Tax receipts will be issued for donations of \$20 or more.

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**Outreach to Homebound Parishioners:** Know of someone who might like a priest's visit? Contact the office or Fr. Michael to arrange.

**PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR:** Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Straticzuk, Elsie Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Nikolaos Georgas, Denise Jacques, Phil Marinelli, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barasanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn & Art Spadoni, Paul Taillefer, Erin, Dave Kowalyk, Mary Romanchuk, McGill Perry, Tammy Zalewski, Fernando Mannarino, Dave Redfern, Ora, Paul M, June, Bob, Dustin Wenmany and Tracey Burmaster, Mel Stanghetta, Norna Martynuck, Sylvie B, Bill McConnell, Anastasiia Pavliuk, Bernie Doran, Wanda Featherston, Roger McMillan, Clark Hutton, Gerry

*Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen*

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**DONATIONS:** Sunday, June 15th: \$340.00

*THANK YOU*

Building Fund: \$805.00

Online donations via Canada Helps January – May 2025: \$1150

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### **“On Call Priest”**

A priest is available in the city for emergencies 24/7. You can notify the chaplain, nurse or nursing home coordinators to contact the priest ON CALL. (705-256-6675)

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### **TODAYS FEAST: ALL SAINTS OF RUS'-UKRAINE**

Today we celebrate the memory of the astonishing and holy people which the Holy Spirit produced on the lands of Rus'-Ukraine. The Church shows us these extraordinary people - key people - who are nonetheless ordinary people, like us. They are extraordinary because despite all their weaknesses, their mistakes and their sins they always kept on moving towards the highest of callings with faith and faithfulness, with humility and confidence. They hesitated. They often fell down along the way. They were sometimes full of anguish, doubt and pain. But they always ended by getting up again and pushing on towards the light and the truth, towards love and goodness. Thus they were also very ordinary people - like us. By honoring the saints we honor God, for respect shown to them is respect shown to God. The saints did not become saints through their own power; their holiness is the result of God's grace. All they are they owe to God.

*Your martyrs' blood testifies before heaven and earth to your unwavering faith in God. You are our powerful intercessors before the throne of the Most High. Therefore, with the Mother of God, implore the heavenly Father, the Saviour Jesus Christ, and the Holy Spirit, the Comforter, a continuous blessing upon our Church and nation, so that they could joyfully and freely glorify your holy names.*

*Source: Holy Eucharist Ukrainian Catholic Cathedral, New Westminster, BC*

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Once a group of 500 people was attending a seminar. Suddenly the speaker stopped and decided to do a group activity. He started giving each person a balloon. Each person was then asked to write their name in it using a marker pen. Then all the balloons were collected and put in another room.

The people were then let into that room and asked to find the balloon which had their name on it within 5 minutes.

Everyone was frantically searching for their name, colliding with each other, pushing around others and there was utter chaos.

At the end of 5 minutes, no one could find their own balloon.

Then, the speaker asked each person to randomly collect a balloon and give it to the person whose name was on it. Within minutes everyone had their own balloon.

The speaker then began, "This is happening in our lives. Everyone is frantically looking for happiness all around, not knowing where it is."

Our happiness lies in the happiness of other people. Give them their happiness; you will get your own happiness. And this is the purpose of human life...the pursuit of happiness."

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There was an old man who lived in a forest. As he grew older and older, he started losing his hair, until one day, on his deathbed, he was completely bald. That day, he called his children to a meeting...He said, "Look at my hair. It used to be so magnificent, but it's completely gone now. My hair can't be saved. But look outside at the forest. It's such a lovely forest with so many trees, but sooner or later they'll all be cut down and this forest will look as bald as my hair."

"What I want you to do..." the man continued. "Is every time a tree is cut own or dies, plant a new one in my memory. Tell your descendants to do the same. It shall be our family's duty to keep this forest strong." And so they did.

Each time the forest lost a tree, the children replanted one, and so did their children, and their children after them. And for centuries, the forest remained as lush and as pretty as it once was, all because of one man and his reseeding hairline.

In the context of the Jubilee Year, the Patriarchal Commission on Youth Affairs - headed by our Eparch, Most Reverend Bryan Bayda - launched the Ticket of Hope project. This initiative creates an opportunity for 100 young people from frontline eparchies of the UGCC in Ukraine to take part in the celebrations of the Jubilee Year in Rome. We ask for your financial support in the implementation of this important project. More information about this initiative can be found on the Eparchy's website at <https://ucet.ca/ticket-of-hope/>. Donations can be made at any branch of the Ukrainian Credit Union or by making an e-transfer to [ticketofhope@gmail.com](mailto:ticketofhope@gmail.com), or by scanning the QR code below.

У контексті святкувань Ювілейного року Патріарша комісія у справах молоді на чолі з нашим єпархом, преосвященим владикою Браємом Байдою, започаткувала проєкт «Квиток надії». Це ініціатива, яка створює можливість для 100 молодих людей із прифронтових єпархій УГКЦ в Україні взяти участь у святкуваннях Ювілейного року в Римі. Просимо вашої фінансової підтримки в реалізації цього важливого проєкту. Детальніше про ініціативу можна дізнатися на веб-сторінці нашої єпархії за посиланням : <https://ucet.ca/uk/hopeua/>. Ваші пожертви можна скласти: у будь-якому відділенні Української Кредитової Спільки, або надіславши e-transfer на [ticketofhope@gmail.com](mailto:ticketofhope@gmail.com), чи відсканувавши QR-код на постері або нижче.

As of the printing of this bulletin, the Eparchial website was reporting that \$70,306 of the target of \$75,000 had been raised. Let's help them get over the line and send these Ukrainian young adults to Rome! The deadline for donations is June 30<sup>th</sup>.

*Note: These donations are **not eligible** for a charitable tax receipt.*



## Ticket of Hope

Give hope to others! Donate for "Ticket of Hope"

JUBILEE YEAR 2025 JULY 28 - AUGUST 3

Join the UGCC Patriarchal Commission of Youth Affairs to send 100 young adults from Ukraine to Rome. They are called to witness to the world about Our Hope, Jesus Christ, walking with them in Ukraine.

You can be Hope for them!

CONTACT US:  
[ticketofhope@gmail.com](mailto:ticketofhope@gmail.com)

DONATE

LEARN MORE  
<https://ucet.ca/ticket-of-hope/>



## КВИТОК НАДІЇ

Подаруй надію іншим! Пожертвуй на «Квиток надії»

ЮВІЛЕЙНИЙ 2025 РІК 28 ЛИПНЯ - 3 СЕРПНЯ

Приєднуйтеся до Патріаршої комісії у справах молоді УГКЦ, щоб дати можливість 100 молодим людям з України поїхати до Риму. Вони покликані свідчити світові про нашу Надію, Ісуса Христа, який крокує з ними в Україні. Станьте для них надією!

КОНТАКТ  
[ticketofhope@gmail.com](mailto:ticketofhope@gmail.com)

ЗРОБИТИ ПОЖЕРТВУ

ДІЗНАТИСЯ БІЛЬШЕ  
<https://ucet.ca/uk/hopeua>



Donate to the 'Campaign, "Ticket of Hope" account # 901074682 at any Ukrainian Credit Union Limited branch or online using the QR code.

Зробіть пожертву на кампанію, "Квиток надії" № 901074682 у будь-якому відділенні Української Кредитової Спільки або онлайн за допомогою QR-коду



If you get to church early you may notice the priest spending a lot of time in the sanctuary in the corner. Ever wondered...what's Father doing back there?

The Liturgy actually begins some time before the posted start time—the priest says entrance prayers in front of the Holy Doors, puts on the vestments, and then performs an elaborate ritual called 'Proskomedia' or 'Prothesis'. It is during this ritual that he prepares the bread and the wine for the Divine Liturgy. The photo shows the end result.

So what happens during the Proskomedia?

The rite calls for five special loaves, or proskophora, to be used. Each loaf, or proskophoron, is stamped with the markings "IC XC NIKA", meaning 'Jesus Christ is victorious'. These five loaves are all used for a different part

of the rite.

The large cube in the centre of the diskos is called the 'Lamb' and is cut from the first proskophoron. This represents Christ and Holy Communion is distributed from this piece alone.

The rest of the pieces, or particles, are triangles. To the right of the Lamb (or the viewer's left), the particle represents the Mother of God—the Queen of Heaven and Earth. This piece is cut from the second proskophoron.

To the left of the Lamb (the viewer's right) there are nine particles, representing different categories of saints: the Angels, Prophets, Apostles, Hierarchs, Martyrs, Venerable Ones, Unmercenary Healers, the Ancestors of God, and, finally, all the saints. These nine particles are cut from the third proskophoron.

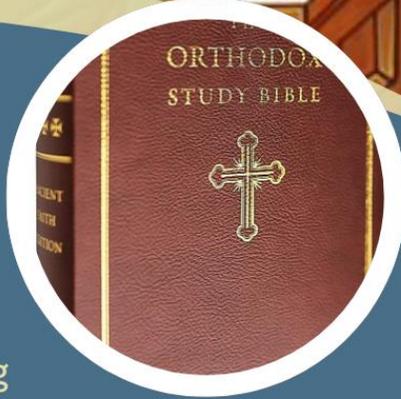
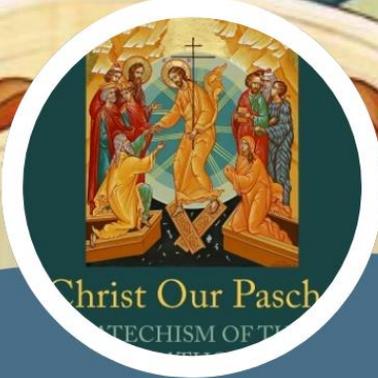
Underneath the lamb are two rows of particles. The first row is for the living and the second row is for the dead. These are for all of the intentions at a particular Liturgy--the priest's own intentions and those of others. These two rows are cut from the fourth and fifth proskophora respectively.

Finally, in this case, there are two more Lambs prepared above the large Lamb in the centre. This photo was taken during Lent when the Liturgy of the Presanctified Gifts is offered on weekdays. Those two Lambs are consecrated at the Sunday Liturgy and will be distributed at Holy Communion during the Presanctified Liturgies in the upcoming week. These are cut from a sixth and seventh proskophora. Outside of Lent, you would not have these additional Lambs.

Each cut of the bread is accompanied by prayers. Once the diskos and chalice are prepared, they are veiled and blessed with incense as final prayers are offered before the beginning of the public Divine Liturgy. In this ritual, the Lord Jesus Christ, His Mother, the Saints, the living and the dead are all brought together and offered on the altar to the Father.

What about all the leftover bread from this? That's what Father distributes to the people after the Liturgy.

So what is Father doing back there? Now you know!



# ROAD TO Emmaus

A year of discernment, prayer and learning



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**Eastern Christian Studies**  
IN THE UNIVERSITY OF ST. MICHAEL'S COLLEGE

A program for those discerning ordination or lay-leadership in the Ukrainian Greek Catholic Church

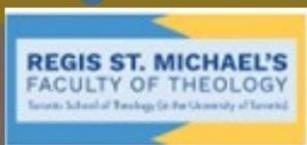
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September 6th 2025- MASI Study Days  
June 2026

Content and discussion delivered mostly online with opportunities to learn through your parish, an opening retreat at MASI, and Study Days



416-926-7133 (9 am - 5 pm EST)



sheptytsky@utoronto.ca



<https://sheptytskyinstitute.ca/>