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# We are each of us angels with only one wing... And we can fly embracing each other...

Luciano DeCrenzcenzo

**May 11, 2025** – Fourth Sunday of Pascha: Sunday of the Paralytic; + The Holy Cyril and Methodius, Teachers of the Slavs; The Holy Hieromartyr Mocius.

# Intentions this Sunday

Saturday at 4:15pm: Fr. Anton Szymychalski; Sunday at 9:30am: Parishioners; Sunday at 11am: Parishioners.

### Paschal Troparion

Christ is risen from the dead,\* conquering death by death,\* and to those in the tombs\* He granted life.

#### Troparia and Kontakia

*Troparion, Tone 3:* Let the heavens be glad, let the earth rejoice,\* for the Lord has done a mighty deed with His arm.\* He trampled death by death. He became the first-born of the dead;\* He saved us from the abyss of Hades\* and granted great mercy to the world.

*Troparion, Tone 4:* As equals to the apostles in the way you lived\* and teachers of the Slavic lands,\* O Cyril and Methodius, divinely wise,\* intercede with the Master of all\* to confirm the Slavic nations in orthodoxy and oneness of mind;\* to grant peace to the world and save our souls.

Kontakion, Tone 3: Let us extol our two sacred teachers.\* By their translation of Scriptures\* they tapped for us a well that brings knowledge of God.\* Drawing from it abundantly to this very day\* we call you blessed, O Cyril and Methodius.\* As you stand before the throne on high,\* fervently pray to God to save our souls.

Glory be to the Father, and to the Son, and to the Holy Spirit.

*Kontakion, Tone 3:* Lord, as of old You raised the Paralytic,\* lift my soul by Your divine presence,\* for by many sins and foolish actions,\* I, too, am now afflicted and crippled.\* Raise me, that being saved I may cry to You:\* Glory to Your power, O merciful Christ.

Now and for ever and ever. Amen.

*Kontakion, Tone 8:* Though You descended into a tomb, O Immortal One,\* yet You destroyed the power of Hades;\* and You rose as victor, O Christ God,\* calling to the myrrh-bearing women: Rejoice!\* and giving peace to Your Apostles:\* You, who grant Resurrection to the fallen.

#### Prokeimenon, Tone 1

Let Your mercy, O Lord, be upon us, as we have hoped in You. *Repeat:* Let Your mercy, O Lord, be upon us, as we have hoped in You. *verse:* Rejoice in the Lord, O you just; praise befits the righteous. *Repeat:* Let Your mercy, O Lord, be upon us, as we have hoped in You.

#### Epistle

Acts 9:32-42

#### Alleluia, Tone 5

*verse:* Of Your mercies, O Lord, I will sing forever; with my mouth I will proclaim Your truth from generation to generation.

verse: For You have said, "Mercy will be established forever."

# Gospel

John 5:1-15

# Hymn to the Mother of God, in the place of It is truly right

The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

### **Communion Hymn**

Receive the Body of Christ;\* taste the fountain of immortality.\* The just man shall be in everlasting remembrance;\* of evil hearsay he shall have no fear.\* Alleluia, alleluia,\* alleluia.

### Liturgical Schedule

Monday, May 12 Our Holy Fathers Epiphanius, Bishop of Cyprus, and Germanus, Patriarch of Constantinople.	Acts 10:1-16 John 6:56-69			
<b>Tuesday, May 13</b> The Holy Martyr Glyceria.	Acts 10:21-33 John 7:1-13			
Wednesday May 14 Mid-Pentecost; The Holy Martyr Isidore.	Acts 14:6-18 John 7:14-30	10am	Rosary and Divine Liturgy	
<b>Thursday, May 15</b> <sup>©</sup> Our Venerable Father Pachomius the Great.	Acts 10:34-43 John 8:12-20			
Friday, May 16 Our Venerable Father Theodore the Sanctified, Disciple of Saint Pachomius	Acts 10:44-11:10 John 8:21-30			Abstention from meat and foods that contain meat.
<b>Saturday, May 17</b> The Holy Apostle Andronicus and those with him.	Acts 12:1-11 John 8:31-42	4:15pm	Divine Liturgy (for Sunday)	Intention: Parishioners
		5:30pm	Great Vespers	
<b>Sunday, May 18</b> Fifth Sunday of Pascha: Sunday of the Samaritan Woman.	Acts 11:19-26, 29-30 John 4:5-42	9:30am	Divine Liturgy (Ukrainian)	Intention: Parishioners
		11am	Divine Liturgy (English)	Intention: Parishioners

### **Other Events this Week**

Monday, May 12 – Senior Exercise Class from 11-11:30am

Wednesday, May 14 – Senior Exercise Class from 11-11:30am

Thursday, May 15 – Cabbage Roll and Perogy making from 7am to noon. Lunch is provided.

Sunday, May 18 – All-you-can-eat brunch. 10am-12:30pm.

#### **ANNOUNCEMENTS**

- 1. We welcome our guests and visitors. Thank you for worshiping with us! Please stay for coffee after the 9:30am and 11am Divine Liturgies.
- 2. Mothers' Day today. To all mothers, grandmothers, godmothers, spiritual mothers, we thank you!
- SAVE THE DATE: City-wide celebration for the Jubilee Year. Thursday, June 19<sup>th</sup>. Mass will be celebrated in the early evening by the city's priests at the Bondar Pavillion followed by a procession to Precious Blood Cathedral where there will be Eucharistic benediction. Details TBA!
- 4. On Tuesday May 13th the Ukrainian School of Language and Dance will be having a concert at Queen Elizabeth School (139 Elizabeth St.) at 7pm. Admission if free and refreshments will be served.
- 5. Next Sunday, May 18th, we will be having our Men's Club Brunch from 10:00am-12:30pm. Adults: \$14; children (6-12) \$5; children (5 and under) free. Please come out and support this fundraiser!!

Outreach to Homebound Parishioners: Know of someone who might like a priest's visit? Contact the office or Fr. Michael to arrange.

**PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR:** Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Stratichuk, Elsie Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Nikolaos Georgas, Denise Jacques, Phil Marinelli, Mike Plastino, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Lee DeMelo, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barasanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn Spadoni, Paul Taillefer, Erin, Dave Kowalyk, Mary Romanchuk, McGill Perry, Tammy Zalewski, Fernando Mannarino, Dave Redfern, Ora, Paul M, June, Bob, Dustin Wenmany and Tracey Burmaster, Sue and Mel Stanghetta, Norna Martynuck, Sylvie B, Bill McConnell, Anastasiia Pavliuk, Bernie Doran, Wanda Featherston, Roger McMillan, Clark Hutton.

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen

DONATIONS: Sunday, May 4th Offering: \$1,975.00 Easter Brunch: \$30.00

THANK YOU!!

Building Fund: \$335.00

#### "ON CALL" PRIEST

A priest is available in the city for emergencies 24/7. You can notify the chaplain, nurse or nursing home coordinators to contact the priest ON CALL. (705-256-6675)

#### SAFEGUARDING ANNOUNCEMENT

The Ukrainian Catholic Eparchy of Toronto and Eastern Canada's Eparchial Safeguarding Policy is designed to ensure that all allegations of physical and sexual abuse and other misconduct are handled responsibly, transparently, and with all due care and attention. To speak to someone about a concern, please contact your Parish Priest, Parish Coordinator of Care (PCC), Michelle Moroz at 705-949-0324, or Annette Hrywna, Eparchial Coordinator of Care, at email: safeguarding@ucetec.org. More information is available on the Eparchial Website: https://ucet.ca/safeguarding/ Спархіяльний Протокол про Захист від Різних Видів Насильства Української (Греко) Католицької Спархії Торонта і Східньої Канади є уккладений щоб усі звинувачення щодо фізичного і сексуального насильства та інших форм поганої поведінки розслідувалися відповідально, прозоро та з належною турботою і увагою. Ваші зайави в таких справах, Ви можете зголосити до Вашого Парафіяльного Священика, Парафіяльного Координатора Захисту Мішелу Мороза (+1-705-949-0324) або Анету Гривну, Єпархіяльного Координатора Захисту на імейль: safeguarding@ucetec.org. Більше інформації можете знайти на Єпархіяльній вебсторінці: https://ucet.ca/safeguarding/

# It's that time of year... the Pregnancy Centre's annual Baby Bottle Campaign!

**Option 1**: You can pick up a physical baby bottle at the church on Mother's Day weekend (and fill it with cash, change, or a cheque) and bring it back to the church on Father's Day weekend.

**Option 2**: You can fill a virtual bottle instead, if that is the method you prefer! Simply go to our website: https://www.algomapregnancy.com/donate to give on-line with your credit card. If you need assistance, give us a call at 705-759-9100 and we can process your credit card over the phone. E-transfers can be sent to: info@algomapregnancy.com (if sending an e-transfer, please indicate your name and mailing address in the message).

Tax receipts for gifts of \$20 or more will be issued at year-end.

Whatever option works best for you this year, we just want you to know that we are tremendously grateful for your support of the Pregnancy Centre – this ministry couldn't exist without you. Thank you!

# "Ticket of Hope" Sponsorship Program

In the context of the Jubilee Year, the Patriarchal Commission on Youth Affairs - headed by our Eparch, Most Reverend Bryan Bayda - launched the Ticket of Hope project. This initiative creates an opportunity for 100 young people from frontline eparchies of the UGCC in Ukraine to take part in the celebrations of the Jubilee Year in Rome. We ask for your financial support in the implementation of this important project. More information about this initiative can be found on the Eparchy's website at <a href="https://ucet.ca/ticket-of-hope/">https://ucet.ca/ticket-of-hope/</a>. Donations can be made at any branch of the Ukrainian Credit Union or by making an e-transfer, or by scanning the QR code below. These donations are not eligible for a charitable tax receipt.

Donate Here



### A MOTHER'S DAY STORY OF HOPE (by Holley Gerth May, 2, 2023)

It starts with a wedding, a boy and a girl standing at the altar. They said, *"I do"* and it seemed so simple. Years later when they thought about having children they said, *"we will"* and thought it would be the same. Only it wasn't. Instead of picking out pink or blue onesies they stared month after month at single pink lines on pregnancy tests.

There were tears and prayers, moments of anger and frustration, loss and a little one that slipped to heaven before even a *"hello"* on earth. They wondered what family would look like for them, if maybe they had done something wrong or had been disqualified.

Then one night she watched a special on television about foster kids who age out of the system, who are told at eighteen, "have a nice life." And she wondered who would cheer for them at their college graduation, walk them

down the aisle, rock their babies, who they would call when they lost a job or just had a bad day. "That's not okay," she said, "Not okay at all."

In the meantime, God showed her that she didn't have to be a physical mother to still be a Mama. In Genesis Eve is called *"the mother of all living things."* All women are mothers, she discovered, because *all women bring life into the world in some way.* So she birthed books and her friends threw her a book shower. She got to mother women all over the world with her words. She started to heal but there was still a place deep inside saved for someone. She prayed for her child who was out there somewhere without knowing a name or face.

Years went by and she was invited to a banquet at *Saving Grace*, a place for girls who age out of the foster system or would otherwise be homeless. She met a twenty-year-old young woman that night and she knew almost right away, *"This is my daughter."* Her husband agreed. It took time. There were lunches and conversations and hugs and misunderstandings and prayers and they did the awkward dance of becoming family until they knew it by heart. One day that girl, Lovelle, moved into their guest bedroom. Took their last name. Called them *"Mom and Dad."* 

Later Lovelle met a boy and her Dad walked her down the aisle in white dress. She said to the groom, "I do," too.

More time passed and last fall Lovelle called, emotion in her voice. *"Mom, I'm pregnant,"* she said. And I almost dropped the phone because this Mother's Day story is mine. *I'm going to be a Grandma*. Just last week I sat next to my daughter in another banquet for *Saving Grace*. I leaned over and placed my hand on her beautiful belly. And I felt a flutter, my granddaughter saying, *"hello"* for the first time.

My eyes filled with tears. I thought of Mark and I on our wedding day, all those pink lines, meeting Lovelle, becoming a family, her wedding day too and the moment I knew that we would be grandparents. Then I imagined what years from now may hold as I hold that little girl—story times and bubble baths and trips to the zoo to see long-necked giraffes. *Oh, there is so much yet to be.* 

If you are hurting this Mother's Day, I want you to know I've been there. I wish I could wrap an arm around your shoulder, take you out for coffee, listen long and hard. This is what I know for sure—there is hope and your story is not over yet. It may not look like what you imagined, but it will be good because the One writing it is.

If you are celebrating this Mother's Day, then I am joining with you. As a daughter, a Mama, a Grandma, a woman who has come to understand what extravagant grace looks like. I will wrap my arms around my family today and I will place my hand on that beautiful belly again. I will be grateful, so grateful, that nothing turned out they way I planned.

Proper stories seem to close with "The End", but that doesn't seem quite right as this moment. Because this feels still like it's only the beginning. There is so much more to come. *I can't wait to meet you, Little One.* 

Happy Mother's Day to you, to me, to all of us, because we are all mothers in some way today. And we are all part of the great story of motherhood God is writing from generation to generation, from Eve to eternity.