

Parish Priest: Rev. Michael Hayes Cell Phone: 705-297-7489
pastor.soostmaryukr@outlook.com

Office Manager: Charlotte Conrad

**Office Hours: Tuesday-Friday 10am-4pm
Closed on statutory holidays**

Parish Office Phone: 705-942-1377

Parish Email: soostmaryukr@bellnet.ca

Website: www.stmarysukrsm.ca

Facebook: www.facebook.com/StMarySoo

We are each of us angels with only one wing...

And we can fly embracing each other...

Luciano DeCrenzzenzo

May 4, 2025 – Third Sunday of Pascha: Sunday of the Myrrh-Bearing Women; The Holy Martyr Pelagia.

Intentions this Sunday

Saturday at 4:15pm: Parishioners; Sunday at 9:30am: Parishioners; Sunday at 11am: Parishioners.

Paschal Troparion

Christ is risen from the dead,* conquering death by death,* and to those in the tombs* He granted life.

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* “O Giver of Life, Christ our God, glory be to You!”

Troparion, Tone 2: The noble Joseph took down Your most pure body from the tree.* He wrapped it with a clean shroud and aromatic spices* and placed it in a new tomb.* But on the third day You arose, O Lord,* granting the world Your great mercy.

Glory be to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone 2: You commanded the myrrh-bearers to rejoice, O Christ God,* and ended the grief of our mother Eve by Your Resurrection.* You ordered the apostles to proclaim to all:* “The Saviour is risen from the tomb.”

Now and for ever and ever. Amen.

Kontakion, Tone 8: Though You descended into a tomb, O Immortal One,* yet You destroyed the power of Hades;* and You rose as victor, O Christ God,* calling to the myrrh-bearing women: Rejoice!* and giving peace to Your Apostles:* You, who grant Resurrection to the fallen.

Prokeimenon, Tone 3

Save Your people, O Lord, * and bless Your inheritance.

Repeat: Save Your people, O Lord, * and bless Your inheritance.

verse: Unto You I will cry, O Lord, my God, lest You turn from me in silence.

Repeat: Save Your people, O Lord, * and bless Your inheritance.

Epistle

Acts 6:1-7

Alleluia, Tone 8

verse: You have shown favour to Your land, O Lord; You brought back the captives of Jacob.

verse: Mercy and truth have met; righteousness and peace have embraced.

Gospel

Mark 15:43-16:8

Hymn to the Mother of God, in the place of It is truly right

The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn

Receive the Body of Christ;* taste the fountain of immortality.* Praise the Lord from the heavens; praise Him in the highest.* Alleluia, alleluia,* alleluia.

Liturgical Schedule

Monday, May 5 The Holy and Glorious Martyr Irene	Acts 6:8-7:5, 47-60 John 4:46-54			
Tuesday, May 6 The Holy, Just, and Long-suffering Job.	Acts 8:5-17 John 6:27-33			
Wednesday May 7 ⊗ Commemoration of the Appearance of the Sign of the Precious Cross over Jerusalem	1 Corinthians 1:18-24 John 19:6-11, 13-20, 25-28, 30-35	10am	Rosary and Divine Liturgy	
Thursday, May 8 The Holy Apostle and Evangelist John the Theologian;	Acts 8:26-39 John 6:40-44			
Friday, May 9 The Transfer of the Relics of our Holy Father Nicholas the Wonderworker from Myra to Bari;	Acts 8:40-9:19 John 6:48-54			<i>Abstinence from meat and foods that contain meat.</i>
Saturday, May 10 + The Holy Apostle Simon the Zealot.	Acts 9:20-31 John 15:17-16:2	4:15pm 5:30pm	Divine Liturgy (for Sunday) Great Vespers	Intention: Fr. Anton Szymychalski (40 th anniversary of priesthood)
Sunday, May 11 Fourth Sunday of Pascha: Sunday of the Paralytic	Acts 9:32-42 John 5:1-15	9:30am 11am	Divine Liturgy (Ukrainian) Divine Liturgy (English)	Intention: Parishioners Intention: Parishioners

Other Events this Week

Monday, May 5 – Senior Exercise Class from 11-11:30am

Wednesday, May 7 – Senior Exercise Class from 11-11:30am

Thursday, May 8 – Cabbage Roll and Perogy making from 7am to noon. Lunch is provided.

Sunday, May 11 – Coffee and fellowship after the 9:30am and 11am Divine Liturgies.

ANNOUNCEMENTS

1. We welcome our guests and visitors. Thank you for worshipping with us!
2. This past week was National Volunteer Week. We would like to thank all of our volunteers past and present for their work which is indispensable to our parish running: our volunteers in the kitchen on Thursday and every other day, those who count and record the collections, those who decorate the church, those who take care of the flowers, those who keep the church tidy, those who serve on our

pastoral and finance councils, those who work our brunches and takeout fundraisers, and any other volunteers who help our parish tick in any way. Thank you!

3. Our recent fundraising events were both very successful: Our take-out meal fundraiser on April 4 is expected to raise more than \$3000 (exact totals still to be determined) and the paska baked by members of the Ukrainian Community and Ukrainian Canadian Congress has raised over \$1200 for our parish. Thank you so much for everyone who made this possible!
4. **SAVE THE DATE:** City-wide celebration for the Jubilee Year. Thursday, June 19th. Mass will be celebrated in the early evening by the city's priests at the Bondar Pavillion followed by a procession to Precious Blood Cathedral where there will be Eucharistic benediction. Details TBA!

Outreach to Homebound Parishioners: Know of someone who might like a priest's visit? Contact the office or Fr. Michael to arrange.

PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR: Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Stratichuk, Elsie Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Nikolaos Georgas, Denise Jacques, Phil Marinelli, Mike Plastino, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Lee DeMelo, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barasanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn Spadoni, Paul Taillefer, Erin, Dave Kowalyk, Mary Romanchuk, McGill Perry, Tammy Zalewski, Fernando Mannarino, Dave Redfern, Ora, Paul M, June, Bob, Dustin Wenmany and Tracey Burmaster, Sue and Mel Stanghetta, Norna Martynuck, Sylvie B, Bill McConnell, Anastasiia Pavliuk, Bernie Doran, Wanda Featherston, Roger McMillan, Clark Hutton.

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen

DONATIONS: Sunday, April 27th Offering: \$375.00
Easter Brunch: \$155.00
Special – Office Supplies: \$20.00
In Memory: John Waverychuk: \$70.00

THANK YOU!!

Building Fund: \$20.00
Easter Offering: \$10.00
Special – Advertising: \$144.00

“ON CALL” PRIEST

A priest is available in the city for emergencies 24/7. You can notify the chaplain, nurse or nursing home coordinators to contact the priest ON CALL. (705-256-6675)

In my time, I have had music on the “cloud”, in MP3 format, on CD's, Cassettes, LP's, 45's and even 78's.

I don't quite date back to wax cylinders though.

But music goes a lot further back than that. Did you know that the earliest piece of written music – the “Hurrian Hymn No. 6” – dates to 1400 BC?

Each generation tends to despair of the music of the next generation, but the truth is, music has been with us for almost for ever.

It serves no practical purpose, but we are never without it.

It's a thought that not everything in the world serves a necessary purpose.

Some things - like that tune you were humming earlier – are there simply to enhance the experience of living!!

From: The Friendship Book – A Thought For Each Day 2024

This Week's Humour

When you're young and you drop something, you just pick it up. When you're older and you drop something, you stare at it for a while, wondering if you actually need it anymore.