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We are each of us angels with only one wing... And we can fly embracing each other...

Luciano DeCrenzcenzo

April 21, 2024 – Third Sunday after Pascha. Sunday of the Paralytic. Holy Priest-Martyr Januarius and Those with Him (305-11). Holy Martyr Theodore of Pergia (138-61).

Paschal Troparion

Christ is risen from the dead,* conquering death by death,* and to those in the tombs* He granted life.

Troparia and Kontakia

Troparion, Tone 3: Let the heavens be glad, let the earth rejoice,* for the Lord has done a mighty deed with His arm.* He trampled death by death. He became the first-born of the dead;* He saved us from the abyss of Hades* and granted great mercy to the world.

Glory be to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone 3: Lord, as of old You raised the Paralytic,* lift my soul by Your divine presence,* for by many sins and foolish actions,* I, too, am now afflicted and crippled.* Raise me, that being saved I may cry to You:* Glory to Your power, O merciful Christ.

Now and for ever and ever. Amen.

Kontakion, Tone 8: Though You descended into a tomb, O Immortal One,* yet You destroyed the power of Hades;* and You rose as victor, O Christ God,* calling to the myrrh-bearing women: Rejoice!* and giving peace to Your Apostles:* You, who grant Resurrection to the fallen.

Prokeimenon, Tone 1

Let Your mercy, O Lord, be upon us, as we have hoped in You. *Repeat:* Let Your mercy, O Lord, be upon us, as we have hoped in You. *verse:* Rejoice in the Lord, O you just; praise befits the righteous. *Repeat:* Let Your mercy, O Lord, be upon us, as we have hoped in You.

Epistle

Acts 9:32-42

Alleluia, Tone 5

verse: Of Your mercies, O Lord, I will sing forever; with my mouth I will proclaim Your truth from generation to generation.

verse: For You have said, "Mercy will be established forever.".

Gospel

John 5:1-15

Hymn to the Mother of God, in the place of It is truly right

The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn

Receive the Body of Christ;* taste the fountain of immortality.* Praise the Lord from the heavens; praise Him in the highest.* Alleluia, alleluia,* alleluia.

LITURGICAL SCHEDULE

EITONGIOAE CONED				
Monday, April 22 Our Venerable Father Theodore of Syceum (613).	Acts 10:1-16 John 6:56-69			
Tuesday, April 23 Holy and Glorious Great-Martyr, Victory- bearer and Wonderworker George.	Acts 10:21-33; Acts 12:1- 11 John 7:1-13; John 15:17- 16:2	10am	Divine Liturgy	
Wednesday, April 24 Mid-Pentecost. Holy Martyr Sabbas Stratelates ("the General") (364-78).	Acts 14:6-18 John 7:14-30	10am	Rosary and Divine Liturgy	
Thursday, April 25 Holy Apostle and Evangelist Mark (54- 68).	Acts 10:34-43; 1 Peter 5:6- 14 John 8:12-20; Mark 6:7-13			
Friday, April 26 Holy Priest-Martyr Basil, Bishop of Amasia (c. 322).	Acts 10:44-11:10 John 8:21-30			<i>Abstention from meat and foods that contain meat.</i>
Saturday, April 27 Holy Priest-Martyr Simeon, Relative of the Lord.	Acts 12:1-11 John 8:31-42	4:15pm	Divine Liturgy (for Sunday)	Intention: Parishioners
		5:30pm	Great Vespers	
	Acts 9:32-42 John 5:1-15	9:30am	Divine Liturgy (Ukrainian)	Intention: Parishioners
		11am	Divine liturgy (English)	Intention: Parishioners

OTHER EVENTS/GOINGS ON THIS WEEK:

Monday, April 22 - Senior Ladies' Exercise Class from 11-11:30am.

Wednesday, April 24 - Senior Ladies' Exercise Class from 11-11:30am.

Thursday, April 25 – Perogy and cabbage roll making. 7am-noon. All are invited to volunteer. Lunch is provided.

ANNOUNCEMENTS

1. Benefit concert by the 'Senior Singers Sault Ste. Marie' in support of St. Vincent Place. Thursday, May 9, 2024, at the Moose Lodge 543 Trunk Rd, 2pm. Entry by donation of non-perishable goods, cash, or clothes.

2. Remember in your prayers today Fr. Jerry and the parishioners of St. Cyril and Methodius Church in St. Catherines as they celebrate the parish's 80th Anniversary. Mnohya Lita!!!

PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR:

Lorraine Wilson, Anita Lutes, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katheren Pasternak, Walter Borowicz, Pat Stratichuk, Elsie Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Nikolaos Georgas, Denise Jacques, Phil Marinelli, Mike Plastino, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Lee DeMelo, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barasanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn Spadoni, Paul Taillefer, McGill Perry, Erin, Luke, Ron Lapointe, Dave Kowalyk, Mukola Faievych.

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen.

DONATIONS: April 14th	Thank You!	
Offering: \$1,015.00		Building Fund: \$75.00

"ON CALL" PRIEST

A priest is available in the city for emergencies 24/7. You can notify the chaplain, nurse or nursing home coordinators to contact the priest ON CALL. (705-256-6675)

"Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, then you really haven't learned anything". Muhammad Ali

Amy and Ryan's two-year-old son, Oran, has wakened up in the wee hours twice in the past week. Both times really upset.

The first time, he wanted to know if his stone collection was OK.

The second time, he was in tears at the thought they might have run out of blueberries.

How do we respond? We might laugh afterwards. But at the time, faced with his obvious distress, his parents chose to assure the little lad that his stones were fine and the blueberries were plentiful.

We might be older, but are we so much wiser when it comes to the things that are important to us?

Perhaps, when we are relating to others in our "grown-up" world, we might judge their priorities less by how important we think they are, and more by how important they are to them

(from: The Friendship Book - A Thought for Each Day 2024)

"I find, these days, that most of my conversations start out with: Did I tell you this already? Or What was I going to say?"

If you answer with "Hello, you're on the air!" most telemarketers will quickly hang up....

At my funeral take the bouquet off my coffin and throw it into the crowd to see who is next.

I told my daughter to check her attitude and she looked at me and said, "For complaints about attitude, please contact the manufacturer." Well played, well played.

When older people say, "Enjoy them while they are young" they are talking about your knees and hips, not your kids.

HAVE A WONDERFUL WEEK!!!!