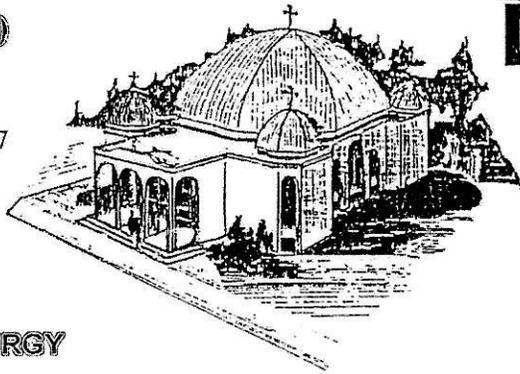


ST. MARY'S CATHOLIC CHURCH

(Byzantine-Ukrainian Rite)

293 St. George's Avenue East
Sault Ste. Marie, Ontario
P6B 6E8 Phone: (705) 942-1377
Established in 1917



DIVINE LITURGY

Saturday: 4:15 pm. - all in English
Sunday: 9:30 am. - all in Ukrainian
11:00 am. - all in English

BAPTISM: by prior arrangement

MARRIAGE: Please call the parish office
3 months notice is required.

RECONCILIATION:

Saturday: 3:15 - 3:45 pm.
Before & after weekday Liturgy
Anytime by appointment

SACRAMENT OF THE SICK

HOME VISITATION:

Please call the parish office to make
arrangements.

WELCOME to our parish...Enter expectantly...

Breathe prayerfully....

Worship reverently...

Relax restfully...

Greet others in love...

Leave touched by God, & come again soon!

RECTORY: 91 Grand Blvd.
Sault Ste. Marie, ON P6B 4S1
Phone: (705) 256-1025

Ms. Charlotte Conrad
Monday: CLOSED
Tues. - Fri. 10 am. - 4 pm.
Closed on all holidays

*We are each of us angels with only one wing...
And we can only fly embracing each other...*
Luciano DeCrenzenzo

Sunday, June 21st, 2020

3rd. SUNDAY AFTER PENTECOST

A Happy Father's Day to "All" our Father's, Grandfather's, Great Grandfather's, Godfather's and Father's-To-Be.
Enjoy you Special Day!

Tone: 2

EPISTLE: Romans 6:18-23	LAY READERS	4:15 pm.
		9:30 am.
GOSPEL: St. Matthew 8: 5:13		11:00 am

DIVINE SERVICES: (June 22- June 28)

MONDAY: 12:00 Noon Rosary
12:20 p.m. Divine Liturgy

TUESDAY: 10:00 a.m. Divine Liturgy

WEDNESDAY: No Services

THURSDAY: NO Services

FRIDAY: 10:00 a.m. Divine Liturgy

SATURDAY: 4:15 p.m. Divine Liturgy For Parishioners (Eng.)

SUNDAY: 9:30 a.m. +Jaroslaw Pochmursky Req. Orest & Marianne Kinach
11:00 a.m. Divine Liturgy for Parishioners (Eng.)

ANNOUNCEMENTS:

WE ARE SLOWLY COMING BACK

1. Ladies and Men of the parish are asked to help make perogies and cabbage rolls on Thursday June 25, 2020 at 7:30 a.m. Preparation work (cabbage & potatoes) will take place (will be done just by the cook). There will be social distancing tables.

2. Just a reminder about our **FOOD DRIVE**. Donations placed in our blue basket in the vestibule are delivered to the Salvation Army Food Bank regularly. **Jesus said: "Whatsoever you do to the least of my brothers or sisters that you do unto me.**

3. Parish e-mail address: soostmaryukr@bellnet.ca www.stmarysukrssm.ca

GOOD NEWS:

1) Since the pandemic Coronavirus' spread is somewhat decreasing the Ontario government decided that churches may slowly open at 30% capacity. Our Eparchy of Toronto along with all Ontario Catholic Dioceses and Eparchies have decided to open their churches next Sunday June 21 under extensive conditions. The faithful may come to church but are not obligated to do so.

Those who have Coronavirus related symptoms: 1) a fever above 37.5 C,

2) breathing problems, 3) coughing and 4) those who have traveled outside the country in the last 14 days, 5) those who have had contact with a person with Coronavirus, 6) those who have had contact with a person who traveled internationally and has a breathing problem - all of the above should stay home.

2) Next Sunday we will have volunteers at the entrance of the church, who will be asking each newcomer about their health. Each one will have to sign a form that they are healthy.

3) Everyone will enter through the center doors and go out through the side doors.

4) You will have to sit where you are asked to sit. Church must be sanitized after every service.

5) There will be no prayer books in church so you must bring your own. If you do not have a prayer book the parish is willing to lend you one during the pandemic.

6) It is strongly recommended that all present in church wear masks for their protection and that of others.

7) People from the same household may sit together. People from different households must practice the 2-meter distancing.

PLEASE PRAY FOR OUR SICK AND SHUT-INS:

Lorraine Wilson, Dora Notte, Jessie & Anita Lutes, Msgr. Anton Szymychalski, Clair Crowley, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katheren Pasternak, Walter Borowicz, Pat Stratichuk, Elsie Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Nikolaos Georgas, Denise Jacques, Reg Beaudette, Phil Marinelli, Mike Plastino, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Stephanie Parniak, Connie Sampson, Lee DeMelo, Vanessa Desfreitas, Fr. Ivan Trush, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Pauline Baiocchi, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Dennis Conrad, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jennie Yuskiw, Ron Barsanti, Borden Shewchuk and Peter Harlow.

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen.

Last Sunday's Offering: \$ Thank you!
BUILDING FUND:

Errors or Omissions? Please call the Parish Office at #705-942-1377.

Spiritual Communion Prayer.

My Jesus I believe that You are present in the Most Holy Sacrament I love You above all things and I desire to receive You into my soul. Since, I cannot at this moment receive You sacramentally, Come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You Never permit me to be separated from You.

Prayer Is A Battle!

The Catechism tells us that “prayer is a battle,” and, “The ‘spiritual battle’ of the Christian’s new life is inseparable from the battle of prayer” (no. 2725). We do not expect battles to be easy or consoling. We expect them to be dangerous and difficult. Of course, prayer is sometimes consoling, and it leads to abiding peace and joy. But before we experience that peace and joy, we have to fight against ourselves, the pull of the world, and the Devil. We cannot triumph before we take up the sword.

The Catechism goes on to say, “In the battle of prayer, we must face in ourselves and around us *erroneous notions of prayer*. Some people view prayer as a simple psychological activity, others as an effort of concentration to reach a mental void. Still others reduce prayer to ritual words and postures” (2726). The first skirmish is understanding that prayer is, at heart, a conversation with God. The same paragraph says, “Many Christians unconsciously regard prayer as an occupation that is incompatible with all the other things they have to do: they ‘don’t have the time’.” We might suppose, then, that our next battle is carving out time for prayer. I believe something else must come first, however.

Once when talking to an acquaintance who was a college professor, I asked him what he had been reading lately. He replied, “I don’t have time to read.” No doubt he was busy. But my thought then and now was, *You really mean that reading is not one of your priorities*. I have always loved reading. No matter how busy I have been, from working three jobs to caring for an infant, I have always made time to read.

We can apply this to prayer. If your first reaction to the thought of starting a prayer routine is, “I don’t have the time,” aren’t you saying that you think other things more important? Don’t get me wrong. I understand that you are busy. I am busy too. But can you be too busy for God? If you wanted to spend time regularly with your spouse but were always told, “Sorry, I’m just too busy,” that would not be a good sign for your marriage. In a healthy marriage, spouses make spending time together a priority. So it is in a healthy relationship with God.

Rarely is anyone too busy to eat. We attempt to get adequate sleep no matter how full our schedule is. We make time for whatever is most important to us. Our next battle, then, is to embrace the importance of prayer, to make it a priority. If it is one of our top priorities, we will somehow find the time to pray regularly.

We know we cannot live a healthy life without enough food and sleep. We must embrace the truth that without daily prayer we cannot have a healthy spiritual life. We must embrace the truth that spiritual health is even more important than physical health. When we do so, we will no more skip praying than we will skip eating or sleeping.

Prayer is a battle. It requires fighting the mindset of the world that other tasks are more important. Until we conquer this mindset, we will never be faithful in prayer.

By [Connie Rossini](#)